

the highland HEARTBEAT





CONNECTING YOU WITH CHRIST AND COMMUNITY



Highland Pastoral Staff is Going on Tour!

The Highland Pastoral Staff is both excited and committed to connecting with our members who live in local retirement homes and communities. To accomplish this, they will be rotating through each retirement community, one per month. In January, the pastoral staff (Pastors Allison, Ann, Bob, and Ken) visited with our wonderful members at Brethren Village. It was a great time getting to know one another, hearing about what's going on at the church, and spending time in fellowship. If you live in a local retirement community, you will be getting an invitation for one of these "meet

and greets" with the pastoral staff. We want our members to know how much they are loved and appreciated! We are committed to staying connected as a church body and acknowledging the One who binds us all together in love.

Above all, clothe yourselves with love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. Colossians 3:14-15





2024 Monthly Ministers' Visits to Members and Guests living in Retirement Communities

If you live in one of Lancaster's seven continuing care retirement communities, Highland's Ministers plan to visit you in 2024! Almost every 4th Thursday afternoon from 2:00pm to 3:30pm, Pastor Allison, Pastor Ann, Pastor Bob and Pastor Ken plan to be at a location to be announced at the various retirement communities to visit and fellowship with Highland's members who reside at that particular location. Mark your calendars to plan to meet with them according to the anticipated schedule. February 22 - Woodcrest from 2:00-3:30pm -Garden Café

March 21 – Moravian Manor from 2:00-3:30pm April 25 -Homestead Village from 2:00-3:30pm May 23 - Landis Homes from 2:00 -3:30pm

Plans are to visit Willow Valley Manor & Square in September and Willow Valley Lakes in October.

Residents will receive a postcard invitation early in the month of the ministers' visits to advise them of where the gathering will be held. If you would like to assist Pastor Ann in the planning of these visits, call her at the church 717-569-2651.

WORSHIP SERVICE/PREACHING CALENDAR

THIS WEEK'S SCRIPTURE: Mark 1:29-38 SERMON: "Claimed as Disciples"

PREACHING SCHEDULE:

February 11 ~ Pastor Allison preaching (Scout Sunday)

February 18 ~ Pastor Allison preaching (1st week in Lent)

February 25 ∼ Pastor Allison preaching



VIEWING OF ONLINE SERVICES

- Go to www.youtube.com
- In the YouTube search bar, type "Highland Presbyterian Church"
- You should see the Highland picture (as seen below) at the top of the search results, click it.
- Here, you will find all of our weekly services and devotionals by date, including our recent online services.
- Worship services are livestreamed here at 10 am on Sunday mornings so you can watch it as it happens.

GIVING

- · Mail your contributions to Highland Presbyterian church at 500 E. Roseville Road, Lancaster, PA 17601.
- Go to our <u>www.highlandpc.org</u> and select the "Give Now" button in the upper right-hand corner. It will walk you through how to give using your credit or debit card.
- · Scan the OR code below and it will take you to the online giving on our website.

If you have general questions, please contact Mike Nolt, Church Administrator at mikenolt@highlandpc.org or call the church office at 717-569-2651.

PRAYER LIST

In Memory

Family of Ann Cary Family of William Johnson Family of Rev. Dr. Richard Vieth Family of James "Fred" Young

In Prayer

Julie Bender
Donna Benson
Robert Coup
Helen Emmitt
Fred Engle
Pete Faber
Linda Guimond
Marge Herrmann

Diane Hostetter (Mitchell)

Joan Lewis Bill Mann Beverly Moore Shirley Offermann Bill Rhoads Mary Lou Stoner

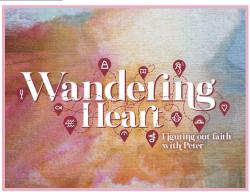
PASTOR ON CALL

February 5 ~ February 11 Rev. Dr. Ann Osborne



Names found on the Heartbeat prayer list will remain on the list for 30 days. If you would like the name to be included after 30 days, please contact the church office to re-add them. To request a name to be added to the Prayer List, kindly first obtain permission from the individual then call the church office to have them added.

Announcements & Updates



Faith is a constant journey. It is a steadfast pursuit; one that often ebbs and flows with the seasons of life. Sometimes we find ourselves close to God and other times, we find ourselves in a swirl of questions and doubts. When we find ourselves a bit more distant from God, we have a tendency to feel guilty. But, actually, we are just HUMAN. This Lent, we are going to take a journey with one of Jesus' most famous disciples:

Peter. In Peter, we see a person who is both steadfast and unsteady, a dear friend and a betrayer, a follower and a wanderer. We see Peter as a human being-- just like us, whose faith ebbs and flows. By following Peter's

journey, we will watch the story of Jesus unfold through the eyes of a regular human being trying to figure it out—just like us. Ultimately, in Peter's story, we are reminded that God loves imperfect people-- in fact, time and time again,

that's precisely who God calls...and who God claims. For the weeks of Lent, we'll be tracing Peter's journey by using the popular hymn, "Come Thou Fount." Each sermon title below is taken from a phrase of that precious hymn.

Friends, I'm really looking forward to taking this journey with you. May it be a holy Lent and blessed Easter for all of us! See you on the Lord's Day! *Pastor Allison*

1st Sunday in Lent- "Jesus Sought Me" Luke 5:1-11, Psalm 25:1-10

2nd Sunday in Lent- "Rescue Me From Danger" Matthew 14:22-23, Psalm 22:23-31

3rd Sunday in Lent- "Praise the Mount" Matthew 16:13-20, Psalm 19

4th Sunday in Lent- "I'm Fixed Upon It" Matthew 16:21-23, Psalm 107:1-3, 17-22

5th Sunday in Lent- "Teach Me" Matthew 18:15-22, Psalm 119: 9-16

Palm Sunday- "Songs of Loudest Praise" John 12:12-16

Easter Sunday- "And I Hope" Luke 24:1-12

Lenten Small Groups are Coming! Visit the Small Group Table this Sunday to review the Lenten Small Group studies being offered. Beginning Feb. 18 thru March 24,th small groups will meet. Indicate your interest and best participation time, choosing either the video and book-based and facilitator led discussion with **Adam Hamilton's "Simon Peter: Flawed But Faithful Disciple.**" You may prefer to explore the emotional life of Simon Peter, entitled, "**A Fragile Stone**" by **Michael Card.** Both resources are displayed for review. Indicate interest and best meeting day/time. Based upon interest, facilitators, dates, and locations will be available for sign-up on Feb. 11th.

Remaining Class Offerings for February ~ "Getting Your House in Order Before You Need It" offers information on important topics of interest to families and individuals approaching retirement. The classes continue following Worship from 11:30-12:30 on the following Sundays and continue through Sunday Feb. 18 in the McClintock Chapel.

Feb. 4 – "Legacy Giving to Highland and Others while Managing Debt Appropriately" Robert Hoelscher, Esa. (recently retired).

Feb. 11 - "Estate Planning for Your Future" – Co-Presenters -Emily Watkins Marzock, Attorney and Nancy Holtzapple, Paralegal at Barley Snyder Law Firm.

Feb 18 - Carol Vanden Berg - "Leaving an Ethical Legacy and Personal Values Will" - Hospice & Community Care, Education & Volunteer Coordinator.

Committee Spotlight ~ This week we highlight Connect More Effectively or CME for short. CME supports effective and timely internal and external communications for Highland. This involves promoting activities and events that occur at Highland as well as providing timely messaging about Highland. CME can provide support to committees in promoting church events. It also involves a selection of the most effective media options available to promote a given event and reach the target audiences. There are seven members on CME led by Jeff Doane serving along with an assigned pastor/staff representative, currently Mike Nolt and Jonathan Lefever.

Emergency Contact Cards Are available on the Kiosk where the bulletins are found and at the welcome center. Please complete one if you have had any changes in your contact information. You can drop them in the donation receptible or to the church office.

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Mission & Outreach Corner

Youth Group Meals and Volunteers You are invited once again to care for our young people and support their ministry in Spring 2024. Youth group gathers almost every Sunday at 4:30-6:30 in the Youth Room. You may sign up for a week to bring a meal that can feed 15+ people, or you may feel called to join our roster of youth ministry volunteers. Contact Will Massey if you are interested, or hold your phone camera over the code to the right to sign up For a slot. Thank you for all the ways that this congregation supports Youth Ministry!



Save-the-Dates for Summer Trips! Massanetta Springs Middle School Conference, June 19-23.

For rising 6th - 9th graders. Gather with youth groups from all over the country at a Presbyterian retreat center in Harrisonburg, VA. Estimated cost \$375, scholarships will be available.



Inter-Generational Mission Trip, Sunday, July 14 to Friday, July 19. A week in

Morgantown, WV for Highland's adults, youth, and school-aged children. Home repair and other service projects, daily worship, staying in dorms at West Virginia University. Cost and registration info coming soon!

How Parents can support their children's mental health ~ February 24 from 8 -12:30 held at Highland The seminar will begin with a continental breakfast from 8:00 - 8:30 AM and end at 12:30 PM.

Professionals from Samaritan Center and Mental Health America will be the presenters. Admission is free, but we ask that you register so we know how many people to expect. Register here: https://www.eventbrite.com/e/mental-wellness-how-parents-can-support-their-childrens-mentalhealth-tickets-769699430717.

MENTAL WELLNESS:
HOW PARENTS CAN SUPPORT
THEIR CHILDREN'S MENTAL HEALTH

February 24, 2024 • 8:00 AM - 12:30 PM Highland Presbyterian Church





In the event of inclement weather is ~ snow date is March 2.

Let's team up to make a difference in our community by helping out at

Upward basketball games in the Highland Gym. Sign up at www.tinyurl.com/upwardfun2024, visiting Leah Card in the Narthex, or emailing Jennifer Weitzel at

<u>upwardhpc@gmail.com</u>. Join us at games on Fridays from 5:30 - 8:30 pm or Saturdays anytime between 8:15 AM - 4:00 PM to be on Team Highland. You can help sell concessions, greet people as they mingle in the lobby,



monitor the environment, or as an announcer and devotional leader (prepared in advance for you). Whatever skill set you have, we have a spot waiting just for you!

Food and Fun after Worship for Families at Highland! Sunday 2/11, Immediately following the service. Join us as we eat pizza together in Fellowship Hall and then play some Super Bowl inspired games in the gym. RSVP by emailing or texting Jennifer Weitzel, jenniferweitzel@highlandpc.org



Congratulations to the Massey Family ~ Welcome Paxton Robert Massey ~ Born on January 26th at 11:34 am; weighing 7lbs, 13 oz. and 20-3/4 inches.



