



January 28, 2024

Volume 119, Issue 4

the highland HEARTBEAT



CONNECTING YOU
WITH CHRIST AND COMMUNITY

Lenten Sermon Series

Faith is a constant journey. It is a steadfast pursuit; one that often ebbs and flows with the seasons of life. Sometimes we find ourselves close to God and other times, we find ourselves in a swirl of questions and doubts. When we find ourselves a bit more distant from God, we have a tendency to feel guilty. But, actually, we are just HUMAN. This Lent, we are going to take a journey with one of Jesus' most famous disciples: Peter. In Peter, we see a person who is both steadfast and unsteady, a dear friend and a betrayer, a follower and a wanderer. We see Peter as a human being-- just like us, whose faith ebbs and flows. By following Peter's journey, we will watch the story of Jesus unfold through the eyes of a regular human being trying to figure it out—just like us. Ultimately, in Peter's story, we are reminded that God loves imperfect people-- in fact, time and time again, that's precisely who God calls...and who God claims.

For the weeks of Lent, we'll be tracing Peter's journey by using the popular hymn, "Come Thou Fount." Each sermon title below is taken from a phrase of that precious hymn.

Friends, I'm really looking forward to taking this journey with you. May it be a holy Lent and blessed Easter for all of us! See you on the Lord's Day! **Pastor Allison**

1st Sunday in Lent- "Jesus Sought Me" Luke 5:1-11, Psalm 25:1-10

2nd Sunday in Lent- "Rescue Me From Danger" Matthew 14:22-23, Psalm 22:23-31

3rd Sunday in Lent- "Praise the Mount" Matthew 16:13-20, Psalm 19

4th Sunday in Lent- "I'm Fixed Upon It" Matthew 16:21-23, Psalm 107:1-3, 17-22

5th Sunday in Lent- "Teach Me" Matthew 18:15-22, Psalm 119: 9-16

Palm Sunday- "Songs of Loudest Praise" John 12:12-16

Easter Sunday- "And I Hope" Luke 24:1-12



WORSHIP SERVICE/PREACHING CALENDAR

THIS WEEK'S SCRIPTURE: Mark 1:21-28

SERMON: "A Day Like Any Other Day"

PREACHING SCHEDULE:

February 4 ~ Pastor Ann preaching

February 11 ~ Pastor Allison preaching (Scout Sunday)

February 18 ~ Pastor Allison preaching (1st week in Lent)

February 25 ~ Pastor Allison preaching



VIEWING OF ONLINE SERVICES

- Go to www.youtube.com
- In the YouTube search bar, type "Highland Presbyterian Church"
- You should see the Highland picture (as seen below) at the top of the search results, click it.
- Here, you will find all of our weekly services and devotionals by date, including our recent online services.
- Worship services are livestreamed here at 10 am on Sunday mornings so you can watch it as it happens.

GIVING

- Mail your contributions to Highland Presbyterian church at 500 E. Roseville Road, Lancaster, PA 17601.
- Go to our www.highlandpc.org and select the "Give Now" button in the upper right-hand corner. It will walk you through how to give using your credit or debit card.
- Scan the QR code below and it will take you to the online giving on our website.

If you have general questions, please contact Mike Nolt, Church Administrator at mikenolt@highlandpc.org or call the church office at 717-569-2651.



PRAYER LIST

In Memory

Family of Ann Cary

Family of William Johnson

Family of Rev. Dr. Richard Vieth

Family of James "Fred" Young

In Prayer

Julie Bender

Donna Benson

Robert Coup

Linda Dunlap

(daughter of Betty Grogan)

Mary Catherine Ebner

(sister of Julie Bender)

Helen Emmitt

Fred Engle

Pete Faber

Linda Guimond

Carl Henkel

Marge Herrmann

Diane Hostetter (Mitchell)

Sybil Lawrence

Joan Lewis

Bill Mann

Beverly Moore

Shirley Offermann

Ingeborg Ross

Hank Savard

Maya Thompson

(great niece of Rita Pickles)

Jim Wimer

PASTOR ON CALL

January 29 ~ February 4

Rev. Dr. Robert Burns



Names found on the Heartbeat prayer list will remain on the list for 30 days. If you would like the name to be included after 30 days, please contact the church office to re-add them. To request a name to be added to the Prayer List, kindly first obtain permission from the individual then call the church office to have them added.

Announcements & Updates

Annual Congregational Meeting ~ TODAY following worship.

Committee Spotlight ~ This week we highlight the A-TEAM. The Assimilation Team, or the A-Team for short, is responsible for welcoming visitors, planning, organizing, and holding new members classes, and assimilating new members into the church community. The A-Team staffs the Welcome Center, calls first time visitors, schedules the greeters at each door, assigns shepherds to new members, and plans the recent new members luncheon to receive feedback from new members and to continue to encourage them. Meeting quarterly, approximately twelve members of the A-Team led by Larry and Anita Ewing serve along with an assigned pastor/staff representative, currently Pastor Ann.

2024 Monthly Ministers' Visits to Members and Guests living in Retirement Communities

If you live in one of Lancaster's seven continuing care retirement communities, Highland's Ministers plan to visit you in 2024! Every 4th Thursday afternoon from 2:00pm to 3:30pm, Pastor Allison, Pastor Ann, Pastor Bob and Pastor Ken plan to be at a location to be announced at the various retirement communities to visit and fellowship with Highland's members who reside at that particular location. Mark your calendars to plan to meet with them according to the anticipated schedule.

February 22 – Woodcrest from 2:00-3:30pm **-Garden Café**

April 25 -Homestead Village from 2:00-3:30pm

March 28 – Moravian Manor from 2:00-3:30pm

May 23 – Landis Homes from 2:00 -3:30pm

Plans are to visit Willow Valley Manor & Square in September and Willow Valley Lakes in October. Residents will receive a postcard invitation early in the month of the ministers' visits to advise them of where the gathering will be held. If you would like to assist Pastor Ann in the planning of these visits, please call her at the church.

Class Offerings for January and February

"Getting Your House in Order Before You Need It" offers information on important topics of interest to families and individuals approaching retirement. The classes continue following Worship from 11:30-12:30 on the following Sundays and continue through Sunday Feb. 18 in the McClintock Chapel.

Jan 28 – "Important Health Care Planning and Options" Dr. J. Clair Hess, M.D. - Family Medicine, Eastbrook Medical Center (recently retired).

Feb. 4 – "Legacy Giving to Highland and Others while Managing Debt Appropriately" Robert Hoelscher, Esq. (recently retired).

Feb. 11 - "Estate Planning for Your Future" – Co-Presenters -Emily Watkins Marzock, Attorney and Nancy Holtzapple, Paralegal at Barley Snyder Law Firm.

Feb 18 - Carol Vanden Berg - "Leaving an Ethical Legacy and Personal Values Will" - Hospice & Community Care, Education & Volunteer Coordinator.

"The Gathering of Grieving Guys" provides a six-week grief recovery experience for men who are grieving a variety of different types of loss. Beginning after Worship from 11:30-12:30 each Sunday through Sunday Feb. 18, men will meet in the Prayer Room (parallel to the Sanctuary in the small hallway next to the Sanctuary) to journey together for support, renewal, healing, and grief recovery discussions.

Chancel Flowers Following our Sunday worship service, the bouquet that beautifies our chancel will be divided into smaller arrangements, which will be delivered to members that may be homebound or hospitalized. We hope to have four people sign up each week to help defray the costs of the large bouquet. The cost for each sign-up is \$25.00. Each contributor will be listed in the bulletin along with the name of the person or event they wish to honor or memorialize.

To sign-up look for the "sign-up poster" near the Welcome Center. Fill out the Chancel flower sponsor sheet and return it to the church office prior to the date you selected.

The church office will contact you in order to confirm the wording, names or event you wish to sponsor.

Payment of the \$25.00 can be placed in the wooden Offering Receptacles collection container near the sanctuary, mailed to the office or paid via online giving (under notes indicate chancel flowers) The Deacons are pleased to provide this ministry once again and hope that you will be willing to

participate. Please contact Jane Hartin with any questions or the church office.

Senior Breakfast at Oregon Dairy Join the group on the first Thursday of each month at 9:00 a.m.

They meet in the dining room at Oregon Dairy. Contact the church office 717-569-2651 with any questions.



Mission & Outreach Corner

Youth Group Meals and Volunteers You are invited once again to care for our young people and support their ministry in Spring 2024. Youth group gathers almost every Sunday at 4:30-6:30 in the Youth Room. You may sign up for a week to bring a meal that can feed 15+ people, or you may feel called to join our roster of youth ministry volunteers. Contact Will Massey if you are interested, or hold your phone camera over the code to the right to sign up for a slot. Thank you for all the ways that this congregation supports Youth Ministry!



Save-the-Dates for Summer Trips! Massanetta Springs Middle School Conference, June 19-23.

For rising 6th - 9th graders. Gather with youth groups from all over the country at a Presbyterian retreat center in Harrisonburg, VA. Estimated cost \$375, scholarships will be available.



Inter-Generational Mission Trip, Sunday, July 14 to Friday, July 19. A week in Morgantown, WV for Highland's adults, youth, and school-aged children. Home repair and other service projects, daily worship, staying in dorms at West Virginia University. Cost and registration info coming soon!

How Parents can support their children's mental health ~ February 24 from 8 -12:30 held at Highland The seminar will begin with a continental breakfast from 8:00 - 8:30 AM and end at 12:30 PM.

Professionals from Samaritan Center and Mental Health America will be the presenters. Admission is free, but we ask that you register so we know how many people to expect. Register here:

<https://www.eventbrite.com/e/mental-wellness-how-parents-can-support-their-childrens-mentalhealth-tickets-769699430717>.

In the event of inclement weather is ~ snow date is March 2.

Inclement Weather Policy at Highland Our policy is to follow Manheim Township School District regarding closures or delays. You can also check our website or Facebook page. Should inclement weather occur on a Sunday morning please again check our website, Facebook page, or information can be found on WJTL or WDAC.

MENTAL WELLNESS: HOW PARENTS CAN SUPPORT THEIR CHILDREN'S MENTAL HEALTH

February 24, 2024 • 8:00 AM - 12:30 PM
Highland Presbyterian Church



SAMARITAN
CENTER



Let's team up to make a difference in our community by helping out at Upward basketball games in the Highland Gym. Sign up at www.tinyurl.com/upwardfun2024, visiting Leah Card in the Narthex, or emailing Jennifer Weitzel at upwardhpc@gmail.com. Join us at games on Fridays from 5:30 - 8:30 pm or Saturdays anytime between 8:15 AM - 4:00 PM to be on Team Highland. You can help sell concessions, greet people as they mingle in the lobby, monitor the environment, or as an announcer and devotional leader (prepared in advance for you). Whatever skill set you have, we have a spot waiting just for you!

Looking for a Preschool for your child or grandchild? Explore Veritas Academy Preschool at Highland. Come to an Open House on **January 29th @ 6 pm.**



Photo from Sunday, January 21 of Pastor Ken Osborne's Commissioning of Parish Associate at Highland.

