



January 21, 2024

Volume 119, Issue 3

# the highland HEARTBEAT



CONNECTING YOU  
WITH CHRIST AND COMMUNITY

## Welcome Pastor Ken Osborne, Parish Associate

I am a cradle Presbyterian. I am the son of a Presbyterian preacher. I didn't have a choice; God has always been a part of my life. And I find that I am envious of those who make a choice to become Christian, let alone a Presbyterian. They saw something in this crazy thing called a church that they want to be a part of and decide to become a member. I never really had a choice.

I have a friend who told me about a class he taught called "Spiritual Anthropology." After I stopped laughing at such an absurd title, I asked him what it meant. In his class he had the people stop and look back over their lives and find the places where, all of a sudden, they discovered they were traveling along a different path than the one they had currently been traveling. He said those are the places when the Holy Spirit sometimes nudged us – sometimes out right dragged us – on to a path God intends for us to travel. I am grateful for all those gentle nudges of the Holy Spirit. I am who I am today because of that.



I took a very circuitous route to becoming a Presbyterian minister. I didn't what to be one; I wanted to be anything but a minister. While I worked in several different careers, all of them rather successful; none of them were fulfilling. My midlife crisis brought me to Pittsburgh Theological Seminary and 30+ years of ministry. It has been my pleasure to have served 9 churches, in 4 Presbyteries, in 2 denominations.

It was while serving a Lutheran church in Myerstown that I had an amazing revelation. The council of the church wanted me to teach the New Member's Class. I asked them, "Let me be clear. You want a Presbyterian minister to teach a bunch of Lutherans how to be Lutherans?" They said yes. It was while teaching that class that I learned that it really isn't about being a Lutheran or a Presbyterian or whatever. Make sure you understand what it is you believe and why you believe what you believe, but always allow room for God, who is always bigger than the things we say we believe.

All of this is to say that I am honored to be a part of Highland Presbyterian Church and look forward to serving you as one of your Parish Associates. **Pastor Ken**

Pastor Ken's primary areas of engagement at Highland will be: hospitality, live streaming and technical support, and pastoral care. We're so thankful to have Pastor Ken at Highland! Welcome!

## WORSHIP SERVICE/PREACHING CALENDAR

**THIS WEEK'S SCRIPTURE:** Mark 1:14-20

**SERMON:** "1-2-3- swim!"



### PREACHING SCHEDULE:

January 28 ~ Pastor Allison (Annual Congregational Meeting)

February 4 ~ Pastor Ann preaching

February 11 ~ Pastor Allison preaching (Scout Sunday)

February 18 ~ Pastor Allison preaching (1st week in Lent)

## VIEWING OF ONLINE SERVICES

- Go to [www.youtube.com](http://www.youtube.com)
- In the YouTube search bar, type "Highland Presbyterian Church"
- You should see the Highland picture (as seen below) at the top of the search results, click it.
- Here, you will find all of our weekly services and devotionals by date, including our recent online services.
- Worship services are livestreamed here at 10 am on Sunday mornings so you can watch it as it happens.

## GIVING

- Mail your contributions to Highland Presbyterian church at 500 E. Roseville Road, Lancaster, PA 17601.
- Go to our [www.highlandpc.org](http://www.highlandpc.org) and select the "Give Now" button in the upper right-hand corner. It will walk you through how to give using your credit or debit card.
- Scan the QR code below and it will take you to the online giving on our website.

If you have general questions, please contact Mike Nolt, Church Administrator at [mikenolt@highlandpc.org](mailto:mikenolt@highlandpc.org) or call the church office at 717-569-2651.



## PRAYER LIST

### In Memory

Family of Ann Cary

Family of William Johnson

Family of Rev. Dr. Richard Vieth

Family of James "Fred" Young

### In Prayer

Julie Bender

Donna Benson

Robert Coup

Linda Dunlap

(daughter of Betty Grogan)

Mary Catherine Ebner

(sister of Julie Bender)

Helen Emmitt

Pete Faber

Linda Guimond

Carl Henkel

Marge Herrmann

Diane Hostetter (Mitchell)

Sybil Lawrence

Joan Lewis

Bill Mann

Carolyn McGuigan

Beverly Moore

Shirley Offermann

Ingeborg Ross

Hank Savard

Maya Thompson

(great niece of Rita Pickles)

Jim Wimer

## PASTOR ON CALL

January 22 ~ January 28

**Rev. Dr. Ann Osborne**



Names found on the Heartbeat prayer list will remain on the list for 30 days. If you would like the name to be included after 30 days, please contact the church office to re-add them. To request a name to be added to the Prayer List, kindly first obtain permission from the individual then call the church office to have them added.

# Announcements & Updates

**Annual Congregational Meeting** ~ Sunday, January 28 immediately following the 10am worship service.

**Committee Spotlight** - This week we highlight **TRUSTEES** ~ The Trustees oversee and manage the maintenance and operation of the buildings and grounds to provide a safe, functional, and pleasant facility for the members, staff and visitors to conduct worship and programs. Trustees also oversee the Memorial Garden Committee and coordinate with the Boy Scouts. Each year, the congregation receives the annual Report of the Corporation in February from the Trustee president. There are eighteen trustees serving at any given time along with an assigned pastor/staff representative, currently Mike Nolt.

## **2024 Monthly Ministers' Visits to Members and Guests living in Retirement Communities**

If you live in one of Lancaster's seven continuing care retirement communities, Highland's Ministers plan to visit you in 2024! Every 4th Thursday afternoon from 2:00pm to 3:30pm, Pastor Allison, Pastor Ann, Pastor Bob and Pastor Ken plan to be at a location to be announced at the various retirement communities to visit and fellowship with Highland's members who reside at that particular location. Mark your calendars to plan to meet with them according to the anticipated schedule.

**January 25** – Brethren Village Fellowship Hall from 2:00-3:30pm      **February 22** – Woodcrest from 2:00-3:30pm  
**March 28** – Moravian Manor from 2:00-3:30pm      **April 25** -Homestead Village from 2:00-3:30pm  
**May 23** – Landis Homes from 2:00 -3:30pm

Plans are to visit Willow Valley Manor & Square in September and Willow Valley Lakes in October. Residents will receive a postcard invitation early in the month of the ministers' visits to advise them of where the gathering will be held. If you would like to assist Pastor Ann in the planning of these visits, please call her at the church.

## **Class Offerings for January and February**

**"Getting Your House in Order Before You Need It"** offers information on important topics of interest to families and individuals approaching retirement. The classes continue following Worship from 11:30-12:30 on the following Sundays and continue through Sunday Feb. 18 in the McClintock Chapel.

**Jan 21** – **"How to Downsize for Rightsized Retirement Living,"** **Connie Hoelscher.**

**Jan 28** – "Important Health Care Planning and Options" Dr. J. Clair Hess, M.D. - Family Medicine, Eastbrook Medical Center (recently retired).

**Feb. 4** – "Legacy Giving to Highland and Others while Managing Debt Appropriately" Robert Hoelscher, Esq. (recently retired).

**Feb. 11** - "Estate Planning for Your Future" – Co-Presenters -Emily Watkins Marzock, Attorney and Nancy Holtzapple, Paralegal at Barley Snyder Law Firm.

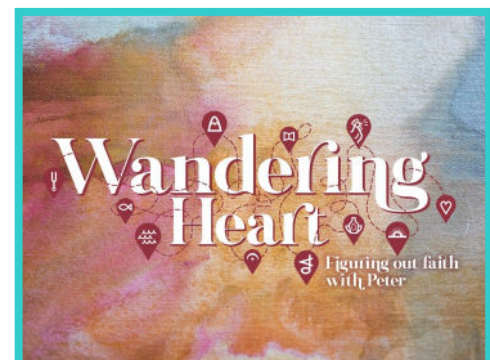
**Feb 18** - Carol Vanden Berg - "Leaving an Ethical Legacy and Personal Values Will" - Hospice & Community Care, Education & Volunteer Coordinator.

**"The Gathering of Grieving Guys"** provides a six-week grief recovery experience for men who are grieving a variety of different types of loss. Beginning after Worship from 11:30-12:30 each Sunday from Jan. 14 and through Sunday Feb. 18, men will meet in the Prayer Room (parallel to the Sanctuary in the small hallway next to the Sanctuary) to journey together for support, renewal, healing, and grief recovery discussions.

**Inclement Weather Policy at Highland** Our policy is to follow Manheim Township School District regarding closures or delays. You can also check our website or Facebook page. Should inclement weather occur on a Sunday morning please again check our website, Facebook page or information can be found on WJTL or WDAC.

**Lenten Sermon Series** Starting Sunday, February 18th, details will be outlined in next weeks Heartbeat.

**Thank You!** Last Sunday, January 21, we had a beautiful prelude by Henry Pember on violin and his father Ben Pember on piano. We apologize that their names were omitted from the bulletin. We want to express our thanks to Henry and Ben for using their musical gifts to the glory of God!



# Mission & Outreach Corner

**Youth Group Meals and Volunteers** You are invited once again to care for our young people and support their ministry in Spring 2024. Youth group gathers almost every Sunday at 4:30-6:30 in the Youth Room. You may sign up for a week to bring a meal that can feed 15+ people, or you may feel called to join our roster of youth ministry volunteers. Contact Will Massey if you are interested, or hold your phone camera over the code to the right to sign up for a slot. Thank you for all the ways that this congregation supports Youth Ministry!



**Save-the-Dates for Summer Trips! Massanetta Springs Middle School Conference, June 19-23.** For rising 6th - 9th graders. Gather with youth groups from all over the country at a Presbyterian retreat center in Harrisonburg, VA. Estimated cost \$375, scholarships will be available.

**Inter-Generational Mission Trip, Sunday, July 14 to Friday, July 19. A week in Morgantown, WV** for Highland's adults, youth, and school-aged children. Home repair and other service projects, daily worship, staying in dorms at West Virginia University. Cost and registration info coming soon!



**Children's Ministry Helpers needed on Sunday Mornings,** Sign up to make a difference with children and their spiritual formation. Now scheduling for January through May 2024. <https://tinyurl.com/HPCJanMay2024>.

**How Parents can support their children's mental health ~ February 24 from 8 -12:30 held at Highland**  
The seminar will begin with a continental breakfast from 8:00 - 8:30 AM and end at 12:30 PM. Professionals from Samaritan Center and Mental Health America will be the presenters. Admission is free, but we ask that you register so we know how many people to expect. Register here: <https://www.eventbrite.com/e/mental-wellness-how-parents-can-support-their-childrens-mentalhealth-tickets-769699430717>.

**In the event of inclement weather is ~ snow date is March 2.**

## MENTAL WELLNESS: HOW PARENTS CAN SUPPORT THEIR CHILDREN'S MENTAL HEALTH

February 24, 2024 • 8:00 AM - 12:30 PM  
Highland Presbyterian Church



SAMARITAN  
CENTER



**Let's team up to make a difference in our community** by helping out at Upward basketball games in the Highland Gym. Sign up at [www.tinyurl.com/upwardfun2024](http://www.tinyurl.com/upwardfun2024), visiting Leah Card in the Narthex, or emailing Jennifer Weitzel at [upwardhpc@gmail.com](mailto:upwardhpc@gmail.com). Join us at games on Fridays from 5:30 - 8:30 pm or Saturdays anytime between 8:15 AM - 4:00 PM to be on Team Highland. You can help sell concessions, greet people as they mingle in the lobby, monitor the environment, or as an announcer and devotional leader (prepared in advance for you). Whatever skill set you have, we have a spot waiting just for you!



**Chancel Flowers** Following our Sunday worship service, the bouquet that beautifies our chancel will be divided into smaller arrangements, which will be delivered to members that may be homebound or hospitalized. We hope to have four people sign up each week to help defray the costs of the large bouquet. The cost for each sign-up is \$25.00. Each contributor will be listed in the bulletin along with the name of the person or event they wish to honor or memorialize. To sign-up look for the "sign-up poster" near the Welcome Center. Fill out the Chancel flower sponsor sheet and return it to the church office prior to the date you selected. The church office will contact you in order to confirm the wording, names or event you wish to sponsor. Payment of the \$25.00 can be placed in the wooden Offering Receptacles collection container near the sanctuary, mailed to the office or paid via online giving (under notes indicate chancel flowers). The Deacons are pleased to provide this ministry once again and hope that you will be willing to participate. Please contact Jane Hartin with any questions or the church office.

