



January 14, 2024

Volume 119, Issue 2

the highland HEARTBEAT



CONNECTING YOU
WITH CHRIST AND COMMUNITY



Upward Basketball Tips Off

The wait is finally over - the **2024 Upward Basketball season at Highland has begun!** With our first week of practices on the books, we are thrilled to have 181 players and 40+ volunteers join us for dribbling, passing, and layups on the court. We've spent weeks collecting registration information, recruiting coaches, organizing rosters and schedules, communicating with parents, and ordering apparel. The excitement has been building, the energy growing, and players are feeling the benefits of this preparation. A big thank you to our volunteers and committee members who have helped make all of this happen, as well as the parents and coaches supporting all of the players. **It's bound to be an incredible season!**

You might be wondering; how do I get connected to all of this positive energy? You can feel there's something stirring, something electrifying making its way through the community. You want in! We want you to know that **there's a spot on the team for you, too!** Join us at games on Fridays from 5:30 - 8:30 pm or Saturdays anytime between 8:15 AM - 4:00 PM to be on Team Highland. If your skill is socializing, sign up to sell concessions or greet people as they mingle in the lobby. If your skill is observing, sign up to be a security person who monitors the environment. Maybe you have the skill of blabbering...eh, we mean...speaking , then join us as an announcer and devotional leader (prepared in advance for you). Whatever skill set you have, we have a spot waiting just for you! **Let's team up to make a difference in our community here at Highland** by saving your spot today at www.tinyurl.com/upwardfun2024, visiting Leah Card in the Narthex, or emailing Jennifer Weitzel at upwardhpc@gmail.com. Let's go, Highland, let's go!



WORSHIP SERVICE/PREACHING CALENDAR

THIS WEEK'S SCRIPTURE: John 1:43-51

SERMON: "Come and Be Seen"

There will be an annual congregational meeting on Sunday, January 28 immediately following the 10am worship service.



VIEWING OF ONLINE SERVICES

- Go to www.youtube.com
- In the YouTube search bar, type "Highland Presbyterian Church"
- You should see the Highland picture (as seen below) at the top of the search results, click it.
- Here, you will find all of our weekly services and devotionals by date, including our recent online services.
- Worship services are livestreamed here at 10 am on Sunday mornings so you can watch it as it happens.

GIVING

- Mail your contributions to Highland Presbyterian church at 500 E. Roseville Road, Lancaster, PA 17601.
- Go to our www.highlandpc.org and select the "Give Now" button in the upper right-hand corner. It will walk you through how to give using your credit or debit card.
- Scan the QR code below and it will take you to the online giving on our website.

If you have general questions, please contact Mike Nolt, Church Administrator at mikenolt@highlandpc.org or call the church office at 717-569-2651.



PRAYER LIST

In Memory

Family of William Johnson
Family of Sylvia Seymour
Family of Rev. Dr. Richard Vieth
Family of James "Fred" Young

In Prayer

Julie Bender
Donna Benson
Robert Coup
Linda Dunlap
(daughter of Betty Grogan)
Mary Catherine Ebner
(sister of Julie Bender)
Helen Emmitt
Pete Faber
Linda Guimond
Carl Henkel
Marge Herrmann
Diane Hostetter (Mitchell)
Samuel Huffard
(father of Ginny Miller)

Sybil Lawrence
Joan Lewis
Bill Mann
Carolyn McGuigan
Beverly Moore
Shirley Offermann
Ingeborg Ross
Hank Savard
Maya Thompson
(great niece of Rita Pickles)
Jim Wimer

PASTOR ON CALL

January 15 ~ January 21

Rev. Dr. Ann Osborne



Names found on the Heartbeat prayer list will remain on the list for 30 days. If you would like the name to be included after 30 days, please contact the church office to re-add them. To request a name to be added to the Prayer List, kindly first obtain permission from the individual then call the church office to have them added.

Announcements & Updates

COMMITTEE SPOTLIGHT - DEACONS The mission statement of the deacons is a Ministry of Sympathy, Witness and Service; our Board of Directors provide an assertive ministry of sympathy, service, witness and prayer following the example of Jesus Christ. To do this, deacons respond to individual needs, joys and concerns, and seek to strengthen the bond of Christian community at Highland. There are eighteen deacons serving at any given time along with an assigned pastor/staff representative, currently Pastor Ann. In a nutshell, the deacons are the heart of the congregation.

HiLites planning event is a Brunch! (We always have great food 😊.) It will be held Sunday, January 21 right after church at Fran Stefany's home, Our events for 2024 will be planned and hosted by those in attendance that day. No charge for the brunch. No need to bring anything, except... Come with ideas or consider signing up to help. Please respond to either Fran, or Nancy Holtzapple or by contacting the church office 717-569-2651. Let's plan for another great HiLites year with one another!

2024 Monthly Ministers' Visits to Members and Guests living in Retirement Communities

If you live in one of Lancaster's seven continuing care retirement communities, Highland's Ministers plan to visit you in 2024! Every 4th Thursday afternoon from 2:00pm to 3:30pm, Pastor Allison, Pastor Ann, Pastor Bob and Pastor Ken plan to be at a location to be announced at the various retirement communities to visit and fellowship with Highland's members who reside at that particular location. Mark your calendars to plan to meet with them according to the anticipated schedule.



January 25 – Brethren Village Fellowship Hall from 2:00-3:30pm

February 22 – Woodcrest from 2:00-3:30pm

March 28 – Moravian Manor from 2:00-3:30pm

April 25 -Homestead Village from 2:00-3:30pm

May 23 – Landis Homes from 2:00 -3:30pm

Plans are to visit Willow Valley Manor & Square in September and Willow Valley Lakes in October. Residents will receive a postcard invitation early in the month of the ministers' visits to advise them of where the gathering will be held. If you would like to assist Pastor Ann in the planning of these visits, please call her at the church.

Class Offerings for January and February

"Getting Your House in Order Before You Need It" offers information on important topics of interest to families and individuals approaching retirement. The six classes start following Worship from 11:30-12:30 on Sunday, Jan. 14 and continue through Sunday Feb. 18 in the McClintock Chapel.

TODAY Jan 14 -- "Funeral Preparations and Options" Jeremy DeBord, Owner Debord Snyder Funeral Home.

Jan 21 – "How to Downsize for Rightsized Retirement Living," Connie Hoelscher.

Jan 28 – "Important Health Care Planning and Options" Dr. J. Clair Hess, M.D. - Family Medicine, Eastbrook Medical Center (recently retired).

Feb. 4 – "Legacy Giving to Highland and Others while Managing Debt Appropriately" Robert Hoelscher, Esq. (recently retired).

Feb. 11 - "Estate Planning for Your Future" – Co-Presenters -Emily Watkins Marzock, Attorney and Nancy Holtzapple, Paralegal at Barley Snyder Law Firm.

Feb 18 - Carol Vanden Berg - "Leaving an Ethical Legacy and Personal Values Will" - Hospice & Community Care, Education & Volunteer Coordinator.

"The Gathering of Grieving Guys" provides a six-week grief recovery experience for men who are grieving a variety of different types of loss. Beginning after Worship TODAY from 11:30-12:30 each Sunday from Jan. 14 and through Sunday Feb. 18, men will meet in the Prayer Room (parallel to the Sanctuary in the small hallway next to the Sanctuary) to journey together for support, renewal, healing, and grief recovery discussions.

"Philippians with Beth and Melissa Moore," a DVD-based Bible Study for Women, continues Thursdays, Jan 18th at 7pm in room 208. Barb Droz will facilitate this study that meets each week through February 5th. Workbooks are available for \$20. Contact Barb Droz if you are interested or call the church office at 717-569-2651 to register.

Mission & Outreach Corner

How Parents can support their children's mental health ~ February 24 from 8 -12:30 held at Highland

The seminar will begin with a continental breakfast from 8:00 - 8:30 AM and end at 12:30 PM. Professionals from Samaritan Center and Mental Health America will be the presenters. Admission is free, but we ask that you register so we know how many people to expect. Register here: <https://www.eventbrite.com/e/mental-wellness-how-parents-can-support-their-childrens-mentalhealth-tickets-769699430717>.



Our alternative date in case of inclement weather is 3/2/24



Children's Ministry Helpers needed on Sunday Mornings, Sign up to make a difference with children and their spiritual formation. Now scheduling for January through May 2024. <https://tinyurl.com/HPCJanMay2024>.

Racial Task Group of the Donegal Presbytery is heading to the Smithsonian National Museum of African America History and Culture on February 15. There is no cost; the seats are on a first come basis. The chartered bus will be leaving First Presbyterian Church, Strasburg at 7 am and will depart Washington at 3pm to return back to Strasburg. If interested please contact Pastor Robert Bronkema at the church office 717-687-6030.

Youth Group Meals and Volunteers You are invited once again to care for our young people and support their ministry in Spring 2024. Youth group gathers almost every Sunday at 4:30-6:30 in the Youth Room. You may sign up for a week to bring a meal that can feed 15+ people, or you may feel called to join our roster of youth ministry volunteers. Contact Will Massey if you are interested, or hold your phone camera over the code to the right to sign up for a slot. Thank you for all the ways that this congregation supports Youth Ministry!



SCAN ME

January Youth Retreat: Mid-Winter Advance! Highland Youth will participate in the Mid-Winter Advance Retreat at Refreshing Mountain, January 26-28. Several youth groups from the area will be there for worship, play, and spiritual encouragement. See more about the event here: <https://www.midwinteradvance.com> Let's get a good crew together and spend a weekend at Refreshing Mountain! A separate registration form is available for download within the link below. The cost is \$175, but please let Will Massey know if you would like to talk about a scholarship. <https://forms.office.com/r/fHtiZ6908j>



SCAN ME

Save-the-Dates for Summer Trips! Massanetta Springs Middle School Conference, June 19-23. For rising 6th - 9th graders. Gather with youth groups from all over the country at a Presbyterian retreat center in Harrisonburg, VA. Estimated cost \$375, scholarships will be available.

Inter-Generational Mission Trip, Sunday, July 14 to Friday, July 19. A week in Morgantown, WV for Highland's adults, youth, and school-aged children. Home repair and other service projects, daily worship, staying in dorms at West Virginia University. Cost and registration info coming soon!

Food and Fun for Families after Worship! Sunday, January 21, immediately following the service, all families, youth, and children are invited to eat together, play in the gym, and help to clean out the gym cages (long overdue!). Email jenniferweitzel@highlandpc.org to RSVP. See you there!

We need your help! The Trustees are in need of some volunteers to assist in the cleanout of the mechanical closets located within the church building on January 20th, 2024. This cleanout is critical to our ability to pass the Manheim Township Fire code inspection. There will be a variety of heavier or bulky items to be moved, however we are hoping to have enough volunteers that will make the work light and quick. We are planning to start at 9:00 AM and should be finished before lunchtime, provided we have enough folks signed up. Most importantly, we will make certain that there is ample coffee and donuts to keep us fueled up while we work. Please feel free to sign up using the SignUpGenius, <https://www.signupgenius.com/go/70A0D4AAEAD28A1F85-46937966-mechanical>, or by reaching out directly to Karen Singleton or the church office by January 16th.