



January 7, 2024

Volume 119, Issue 1

the highland HEARTBEAT



CONNECTING YOU
WITH CHRIST AND COMMUNITY

New Class Offerings for January and February

"Getting Your House in Order Before You Need It" offers information on important topics of interest to families and individuals approaching retirement. The six classes start following [Worship from 11:30-12:30 on Sunday, Jan. 14 and continue through Sunday Feb. 18 in the McClintock Chapel](#). Each week a professional presenter will address a specific topic and address questions and lead attendees in the discussion. No registration is required. Each class is stand-alone enabling attendees to choose topics of interest.

Jan 14 -- **"Funeral Preparations and Options"** Jeremy DeBord, Owner Debord Snyder Funeral Home.

Jan 21 - **"How to Downsize for Rightsized Retirement Living,"** Connie Hoelscher.

Jan 28 - **"Important Health Care Planning and Options"** Dr. J. Clair Hess, M.D. - Family Medicine, Eastbrook Medical Center (recently retired).

Feb. 4 - **"Legacy Giving to Highland and Others while Managing Debt Appropriately"** Robert Hoelscher, Esq. (recently retired).

Feb. 11 - **"Estate Planning for Your Future"** Nancy Holtzapple - Barley Snyder Law Firm Paralegal.

Feb 18 - **"Leaving an Ethical Legacy and Personal Values Will"** Carol Vanden Berg BSW, CDP - Hospice Inpatient Center Volunteer Coordinator.

"The Gathering of Grieving Guys" provides a six-week grief recovery experience for men who are grieving a variety of different types of loss. Beginning after Worship from 11:30-12:30 each Sunday from Jan. 14 and through Sunday Feb. 18, men will meet in the Prayer Room (parallel to the Sanctuary in the small hallway next to the Sanctuary) to journey together for support, renewal, healing, and grief recovery discussions. Highland's new Parish Associate, Rev. Ken Osborne will facilitate this time together using "The Grief Recovery Handbook" by John W. James and Russell Friedman. This resource may be purchased for \$10 when the class begins. Please plan to join this group of guys!

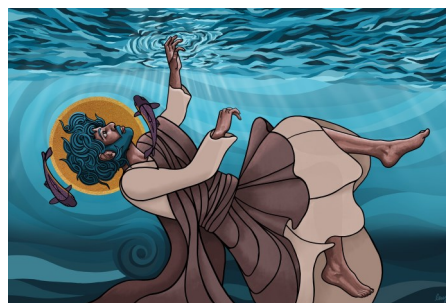
"Philippians with Beth and Melissa Moore," a DVD-based Bible Study for Women, begins Thursday, Jan. 4th at 7pm in room 208. Barb Droz will facilitate this 5-week study that meets each week through February 5th. Workbooks are available for \$20. Contact Barb Droz if you are interested or call the church office at 717-569-2651 to register.

"Faith Café" meets each week following the 10am Worship Service in the Upper Room to discuss how Christian faith and practice are engaged in newsworthy topics from the previous week. Each Thursday, participants receive an email with the topic and discussion points so as to prepare for the discussion during the class time on Sunday mornings. For more information contact Dick Entz or call the church office at 717-569-2651.

WORSHIP SERVICE/PREACHING CALENDAR

THIS WEEK'S SCRIPTURE: Luke 3:21-22

SERMON: "We Trust Our Belovedness"



VIEWING OF ONLINE SERVICES

- Go to www.youtube.com
- In the YouTube search bar, type "Highland Presbyterian Church"
- You should see the Highland picture (as seen below) at the top of the search results, click it.
- Here, you will find all of our weekly services and devotionals by date, including our recent online services.
- Worship services are livestreamed here at 10 am on Sunday mornings so you can watch it as it happens.

GIVING

- Mail your contributions to Highland Presbyterian church at 500 E. Roseville Road, Lancaster, PA 17601.
- Go to our www.highlandpc.org and select the "Give Now" button in the upper right-hand corner. It will walk you through how to give using your credit or debit card.
- Scan the QR code below and it will take you to the online giving on our website.

If you have general questions, please contact Mike Nolt, Church Administrator at mikenolt@highlandpc.org or call the church office at 717-569-2651.



PRAYER LIST

In Memory

Family of William Johnson
Family of Sylvia Seymour
Family of Rev. Dr. Richard Vieth
Family of James "Fred" Young

In Prayer

Julie Bender
Robert Coup
Linda Dunlap
(daughter of Betty Grogan)
Mary Catherine Ebner
(sister of Julie Bender)
Helen Emmitt
Pete Faber
Linda Guimond
Carl Henkel
Marge Herrmann
Diane Hostetter (Mitchell)
Samuel Huffard
(father of Ginny Miller)

Sybil Lawrence
Joan Lewis
Carolyn McGuigan
Beverly Moore
Shirley Offermann
Ingeborg Ross
Hank Savard
Maya Thompson
(great niece of Rita Pickles)
Jim Wimer
Our World

PASTOR ON CALL

January 8 ~ January 14

Rev. Allison Beaulieu



Names found on the Heartbeat prayer list will remain on the list for 30 days. If you would like the name to be included after 30 days, please contact the church office to re-add them. To request a name to be added to the Prayer List, kindly first obtain permission from the individual then call the church office to have them added.

Announcements & Updates

Putting away your Christmas decorations? If you have a gently used artificial Christmas tree you no longer need or want, the Worship Council might be interested. We are seeking several trees in the 6-9 foot range to replace some aging trees in our collections and to supplement our decorations in future years. If you have a possible donation, call the church office or speak to Leigh Shuman directly about next steps.

We need your help! The Trustees are in need of some volunteers to assist in the cleanout of the mechanical closets located within the church building on Saturday, January 20th, 2024. This cleanout is critical to our ability to pass the Manheim Township Fire code inspection. There will be a variety of heavier or bulky items to be moved, however we are hoping to have enough volunteers that will make the work light and quick. We are planning to start at 9:00 AM and should be finished before lunchtime, provided we have enough folks signed up. Most importantly, we will make certain that there is ample coffee and donuts to keep us fueled up while we work.

Please feel free to sign up using the SignUpGenius, <https://www.signupgenius.com/go/70A0D4AAEAD28A1F85-46937966-mechanical>, or by reaching out directly to Karen Singleton or the church office 717-569-2651 by January 16th.



HiLites planning event is a Brunch! (We always have great food 😊.) It will be held Sunday, January 21 right after church at Fran Stefany's home, Our events for 2024 will be planned and hosted by those in attendance that day. No charge for the brunch. No need to bring anything, except... Come with ideas or consider signing up to help. Please respond to either Fran, or Nancy Holtzapple or by contacting the church office 717-569-2651. Let's plan for another great HiLites year with one another!

NEW FOR 2024! In an effort to have everyone understand how things get done at Highland and what committees do, each week, the Heartbeat will highlight one committee. Perhaps you are looking for somewhere to volunteer your time and energy, and this short blurb will spark your interest. This week: SESSION. Session is the leadership body of Highland Presbyterian Church; called to lead, govern, discern, and discipline. Session has responsibility for the life of the congregation. The Moderator is the Senior Pastor. There are twelve elders on session, plus the pastors. So - in simple terms - the buck stops here!



We counted down to the noon hour this past Sunday (New Year's Eve) with an intergenerational group of Highlanders. It was a joy to be together as we ate, played games, met new people, and cheered in the New Year!

Mission & Outreach Corner

How Parents can support their children's mental health ~ February 24 from 8 -12:30 held at Highland

The seminar will begin with a continental breakfast from 8:00 - 8:30 AM and end at 12:30 PM. Professionals from Samaritan Center and Mental Health America will be the presenters. Admission is free, but we ask that you register so we know how many people to expect. Register here: <https://www.eventbrite.com/e/mental-wellness-how-parents-can-support-their-childrens-mentalhealth-tickets-769699430717>. Our alternative date in case of inclement weather is 3/2/24



You can sign-up on line starting January 8
By your using the link above.



Children's Ministry Helpers needed on Sunday Mornings, Sign up to make a difference with children and their spiritual formation. Now scheduling for January through May 2024. <https://tinyurl.com/HPCJanMay2024>.

Racial Task Group of the Donegal Presbytery is heading to the Smithsonian National Museum of African America History and Culture on February 15. The is no cost; the seats are on a first come basis. The chartered bus will be leaving First Presbyterian Church, Strasburg at 7 am and will depart Washington at 3pm to return back to Strasburg. If interested please contact Pastor Robert Bronkema at the church office 717-687-6030.

Youth Group Meals and Volunteers You are invited once again to care for our young people and support their ministry in Spring 2024. Youth group gathers almost every Sunday at 4:30-6:30 in the Youth Room. You may sign up for a week to bring a meal that can feed 15+ people, or you may feel called to join our roster of youth ministry volunteers. Contact Will Massey if you are interested, or hold your phone camera over the code to the right to sign up For a slot. Thank you for all the ways that this congregation supports Youth Ministry!



SCAN ME

January Youth Retreat: Mid-Winter Advance! Highland Youth will participate in the Mid-Winter Advance Retreat at Refreshing Mountain, January 26-28. Several youth groups from the area will be there for worship, play, and spiritual encouragement. See more about the event here: <https://www.midwinteradvance.com> Let's get a good crew together and spend a weekend at Refreshing Mountain! A separate registration form is available for download within the link below. The cost is \$175, but please let Will Massey know if you would like to talk about a scholarship. <https://forms.office.com/r/fHtiZ6908j>



SCAN ME

Save-the-Dates for Summer Trips! Massanetta Springs Middle School Conference, June 19-23. For rising 6th - 9th graders. Gather with youth groups from all over the country at a Presbyterian retreat center in Harrisonburg, VA. Estimated cost \$375, scholarships will be available.

Inter-Generational Mission Trip, Sunday, July 14 to Friday, July 19. A week in Morgantown, WV for Highland's adults, youth, and school-aged children. Home repair and other service projects, daily worship, staying in dorms at West Virginia University. Cost and registration info coming soon!

Referees & Snack Stand Volunteers for Upward Basketball 2024 - Sign Ups Now Available

We are excited to welcome 181 players and 36 coaches to Upward Basketball at Highland as practices start this week - woohoo! What if you could help us make a difference in the lives of these players & coaches by refereeing games or serving at our snack stand? Sign up now at <http://tinyurl.com/UpwardFun2024> or see Leah Card in the Narthex after Sunday worship to help with concessions, be the announcer/scorekeeper, greet and direct families for games, and/or be a ref. You can also help by sending in food or monetary donations for our concession stand. Email Jennifer Weitzel at upwardhpc@gmail.com to learn more about these opportunities. Clearances required for refs. Sign up today and show your Highland spirit!

