

Highland Presbyterian Church Combined Plan for Reopening during the Covid Pandemic v1

Introduction

This document was developed during the Summer of 2020 as a guideline for safe, phased re-opening of the Highland Presbyterian Church building for staff and church members in consideration of, and compliance with, local, state and Donegal Presbytery policies. These guidelines have been and may continue to be revised with new information and recommendation from officials and governmental bodies.

This guideline is based on our calling to love God and our neighbor as ourselves. We are committed to each other's safety and to the protection of vulnerable individuals. We realize that resuming of in-person activities will be a gradual and complex process. We want to resume public activities with an abundance of caution and concern for those most at risk. Our decisions are made in prayerful consideration and with trust in the grace of Jesus Christ, the love of God and the communion of the Holy Spirit.

Eugene Peterson's introduction to Revelation in "The Message", states, "Our times are not propitious (*favorable*) for worship. The times never are. The world is hostile to worship. The Devil hates worship. As the Revelation makes clear, worship must be carried out under conditions decidedly uncongenial to it....". Our times, in 2020, are indeed not favorable for worship, but community worship is a critical aspect of our faith's tradition. This document presents a plan for safe worship inside Highland Presbyterian Church based on the latest, most reliable data and authoritative guidelines.

Although progress has been made in treating Covid-19 disease and in developing a vaccine, we do not seem to be close to a time when our activities and behaviors will be uninhibited by the concern for this virus. However, enough experience has been accumulated to be reasonably comfortable that wearing a face covering, maintaining social distancing of 6', hand hygiene, and sheltering when ill reduces the risk of spreading Covid-19 infection. Outdoor activities are safer than indoor activities and the factors putting one at risk inside seem to be the size of the inside space both in terms of allowing social distancing and providing adequate air circulation. The other factor is the time that one would be in the indoor space. There is no incontrovertible scientific evidence regarding any of this, only observational studies and experience.

Highland Presbyterian Church offers an ideal setting for limited indoor worship services. The narthex space is large both in square feet and in volume. We are also blessed with a sanctuary space that is large in square feet and volume. There is at least 10% fresh air contribution in the ventilation but the air is not medically filtered.

Entrances to the church building

The administrative office door, #10, will be the entrance to the church for most meetings other than those activities occurring in Fellowship Hall (FH), the Gym, The McClintock Chapel (MC) or the Sanctuary. Door #10 will be open during the normal office hours of the church.

For activities specifically in FH, MC or the Sanctuary, door #4 may also be used. There will be a temperature station and attendance log in the narthex for such occasions

There will be signage on the doors indicating the social distancing guidelines. (Appendix A)

On entering the building, a temperature will be taken. If it is 100.3 F or higher the person will be asked to leave and advised to see their medical provider.

All people will be asked to wash their hands in the nearest restroom or if their hands are clean, they can liberally apply hand sanitizer instead. The rest room in the administrative office by the copier will be designated for washing of hands only.

It is requested that those invited to a meeting gather outside and enter the facility together while respecting social distancing. The administrative door will be open routinely from 10 AM through 4 PM and in anticipation of meetings scheduled earlier or later and on the church schedule.

Face Covering

All individuals will be required to wear a face covering that covers the mouth and nose for indoor meetings unless they are under the age of two. Anyone showing up without a face covering will be given one, and, strongly encouraged to bring one the next time.

Social Distancing in the church building

Maintain a 6' distance between individuals that are not part of the same home family group. No hand shaking or hugging.

Attendance Log

The front desk receptionist will maintain a log of everyone who enters the building. This log will include the name, temperature and a contact number. If the front desk is temporarily not staffed, those entering will be instructed to stay at the desk until the receptionist returns or to complete the procedure themselves.

If the reason for entering is to attend a meeting and it is at a time when the front desk is not staffed, the chairperson or their designee will be assigned the duties of documenting the attendees, taking temperature checks, obtaining contact information and noting position within the meeting room should future contact tracing be required. This information will then be left at the front desk at the conclusion of the meeting or retained by the chairperson.

Meeting Facilities

All meetings must be scheduled through the church receptionist. Meetings should conclude within 90 minutes.

Each meeting room will have audiovisual capability to join the meeting virtually for those who choose not to attend.

Because social distancing is required, room maximum capacity, when the room is configured for a meeting, has been determined as follows:

Hudson Room - 4 people

Choir Room - 12 people

Fellowship Hall - 25 people

The capacity of the Choir Room and Fellowship Hall could be more if configured for a lecture.

Other rooms will not be available and other areas of the church will be marked as not accessible.

There will be a thirty-minute interval between meetings at which time the room surfaces that were likely touched can be disinfected. Soap and water cleaning should be done if the surfaces appear to be dirty.

It is the duty of the meeting chair to either disinfect the room or be sure that staff can disinfect the surfaces. Supplies will be available for this cleaning and disinfecting. In the event that the cleaning and disinfecting is to be done by the staff, the chairs that were used should be turned over or against the table to indicate that they were used.

No food or drink other than bottled water will be allowed at the meetings.

Outdoor meetings

Outdoor meetings are allowed. Under the tent by the administrative office, 8 people can be accommodated. Other spaces can be used providing that 6' distancing guidelines can be followed. Face coverings are encouraged outside. Persons using the tent area may bring their own food and drinks, but they must clean up after themselves.

Rest Rooms

The Women's and Men's Rest Rooms that are adjacent to the McClintock Chapel will be available.

The outer door will be kept propped open.

No more than two people should be in each rest room at one time.

All are responsible to maintain cleanliness and report to the staff if additional cleaning or maintenance is needed. Each rest room will have signage to demonstrate the stages of a safe hand wash. Appendix B Disinfectant wipes and a waste can will be provided to clean the toilet seats.

A complete cleaning will be done daily.

The Rest Rooms by the Gym will be available during Gym activities.

Closure of the Remaining Church Facility

Other than the designated meeting rooms, individual staff offices and rest rooms, the remainder of the church building will be considered closed except to the staff who will use the space with continued social distancing considerations. The Sanctuary, MC and the Gym can be used for designated activities.

Children and Youth Groups

Outdoor and family activities can be scheduled while adhering to social distancing, good hygiene and face coverings. Hybrid group meetings, i.e. meetings with on-line options, should be considered for anyone in the group who may feel uncomfortable or vulnerable.

Senior Groups

~~Recommendations are that most groups meet online until further notice or outdoors for short durations, social distancing, face coverings, and good hygiene in place. Hybrid group meetings should be considered for anyone uncomfortable or vulnerable.~~

Memorial Services

Memorial Services can be conducted per the Chapel Reopening Document or the Indoor Service Reopening Document.

Outdoor Memorial Garden Services will be conducted observing appropriate social distancing and face covering requirements. Current outdoor service accommodations can support a maximum of 75 participants, appropriately socially distancing in the front rotunda and porch area of the parking lot or 35 participants in the Memorial Garden.

Non-Member Groups

Non-member groups can use the facility following these guidelines and signing a Compliance Agreement.

Donations

Donations of nonperishable foodstuffs are accepted and will be “quarantined” for 5 days before being dispersed.

Group Leader Responsibilities (Appendix B)

Prior to the meeting, reserve the room (or outside location) appropriate to size of the group with the church receptionist.

At the time of the meeting, ensure all group members have logged in at the front desk and have disinfected their hands. If the front desk is not manned, obtain contact information from all attendees, take temperatures, and note position of attendees within the meeting room. A form will be provided for recording this information.

Ensure all group members are wearing face coverings.

Ensure social distancing is maintained.

At the end of the meeting, disinfect meeting room or ensure staff will do so. If the staff is going to do it, turn the chairs down or against the table if they have been used.

Outdoor Worship Service (July 5 - October 18, 2020)

Outside worship services will be allowed but will be in addition to the virtual services. The time and exact location outside of the church building will be determined by the Worship Team considering such factors as: accessibility for those who might have limited mobility, some protection from the sun, adequate room for seating with social distancing and electricity availability.

All attending will be asked to: enter, sit, and exit at least 6 feet from other family groups or individuals; wear a mask for your own safety and the health of those around you; refrain from singing or shouting; no handshakes or hugs.

Inside Restrooms will be available for emergency use.

Sanctuary Worship

A study of the sanctuary done by measuring the number and length of the pews shows that about 80 - 90 people can be seated while being socially distanced. This count does not include people sitting within the chancel. There is Plexiglas shielding for the speaker standing at the lectern. Every other row will be left empty to be sure the social distancing covers 360 degrees. The calculation used family units in a similar proportion seen at the outdoor worship service. It is possible that with random seating but the same 6', 360-degree distancing, a few additional people could be safely seated in the sanctuary. The unrestricted capacity of our sanctuary is 585.

Although our virtual “Sunday” services have been well done and well received, the Audio-Visual portion of our Worship and Music Enhancement Project is nearing completion which would allow for live streaming of services in the sanctuary. This could also be recorded and seen at other times on YouTube or made into a DVD and mailed to those who could not attend and also have no ability to see a service on-line.

Congregation members and visitors will enter the building for the sanctuary service through Door #4 if they are using the larger parking lot. For those needing closer parking the administrative Door, #10, will be available. Everyone will be required to wear a facial covering, have a temperature scan and be below 100.3 degrees F, confirm that they are not sick or in quarantine and use a hand sanitizer. The Greeters at doors #10 and #4 will take the temperature with a non-touch device and also be sure everyone entering is aware of the requirements to enter.

Greetings with physical contact, touching, hugging or shaking hands, will not be allowed. Conversations will be allowed at social distance but prolonged indoor conversations will be discouraged. The same behavior will be expected on leaving the building after the service. Longer conversations can occur outside of the building respecting social distance guidelines.

No food or beverage will be served or allowed in the building during the service.

The restrooms by the McClintock Chapel will be available with a limit of two occupants at a time. The doors into the restrooms will be propped open to avoid the need to touch the door surfaces. Disinfectant wipes to clean and disinfect surfaces touched will be provided for individual clean-up.

Entering and Exiting the sanctuary

Ushers will direct entrance into the Sanctuary. Before entering, 6' social distancing will be maintained for individuals or family units and floor marks will indicate safe spacing. Once in the sanctuary, Ushers, using 6' measures to assure adequate social distancing, will direct people to their seats. All hymnals and papers have been removed from the pews. At the conclusion of the service the ushers will dismiss by rows to maintain social distancing.

Singing and music

There will be no choir unless it is virtually prepared and projected. Unmasked soloists maintaining the 20' chancel distance will be allowed but they will be amplified to avoid the need to vigorously project their voice. Instruments will be allowed with 6' distancing with the exception of the flute which will require 20' distancing.

The congregation will be allowed to hum but actual singing will be discouraged.

Speaking

The speakers on the chancel will be unmasked when they are at the lectern behind a Plexi-glass shield or maintaining the 20' distancing from the congregation. When not speaking on the chancel face coverings will be worn. Congregational responses will be allowed but with a soft non-projecting voice while maintaining the face covering.

Offering

Since Ushers will not pass offering plates, offering will be accepted in non-touch containers provided in narthex. This may be done before or at the end of the service.

Friendship Pad

The friendship pads will be removed and not used.

Communion

Communion will use commercially prepared, sealed units containing a bread wafer and a small sealed cup of juice. These individually placed units will be picked up from a table in the narthex prior to entering the sanctuary.

Baptism

Single family baptisms will be allowed and encouraged. The pastor officiating will use hand sanitizer prior to the ceremony and water that is chlorinated.

Sanctuary Capacity

The ushers will determine that if and when the sanctuary has reached its safe capacity, people can be directed to the overflow area which will be in the narthex. Chair racks will be available to sit and space attendees as needed.

Social Distancing for Clergy

Everyone is reminded that our Pastors also need the 6' social distancing and as much as we all miss their hand of friendship, limit your contact to an elbow bump or just a nod of the head.

Childcare

At least initially, it is not anticipated that childcare and nursery will be provided. Infants and children under two years of age will not be required to wear a facial covering. For families with infants or children who do not feel comfortable in the sanctuary, an area where the service can be seen and heard will be provided in Fellowship Hall. Ushers will be provided for the Fellowship Hall seating.

Cleaning and Decontamination

After the service, the sanctuary will be cleaned in the usual fashion by the housekeeping staff following their usual precautions. If the sanctuary is not going to be used for five days but is clean, it does not have to be decontaminated as the virus will not survive when exposed beyond three days. If use is planned within that time all surfaces that could have been touched should be disinfected. All surfaces in the narthex, restrooms and hallways should be disinfected following cleaning.

McClintock Chapel

The McClintock Chapel can be used for small worship services.

Because seating is flexible, it can be configured to sit 35 people while maintaining social distancing.

Assuming some being seated will be family units the capacity could be larger.

It is recommended that access into the chapel be from the main doors in the back.

Speakers should be masked or behind Plexi-glass.

Choral and Instrumental Rehearsal

Congregation members and visitors will enter the building for the rehearsal through Door #4 if they are using the larger parking lot and rehearsing in Fellowship Hall. For those using the Sanctuary, Choir Room or needing closer parking, the administrative Door, #10, will be available. Everyone will be required to wear a facial covering, have a temperature scan and be below 100.3 degrees F, confirm that they are not sick or in quarantine and use a hand sanitizer. The rehearsal sponsor or their designee will be at doors #10 and #4 to take the temperature with a non-touch device and also be sure everyone entering is aware of the requirements to enter.

The sponsor or designee will keep a log of those attending including name, phone number and temperature. The configuration of the individuals in the rehearsal should be recorded and kept in the event that contact tracing becomes necessary.

Greetings with physical contact, touching, hugging or shaking hands, will not be allowed. Conversations will be allowed at social distance but prolonged indoor conversations will be discouraged. The same behavior will be expected on leaving the building after the rehearsal. Longer conversations can occur outside of the building respecting social distance guidelines.

No food or beverage will be served or allowed in the building during the rehearsals other than bottled water. Fountains will not be accessible.

Choir Rehearsal

Rehearsal time should be limited to 60-90 minutes. Because singing requires more forceful effort at voice projection and articulation a 10' social distance is required. For the same reason, a mask suited to these activities is required (similar to the one shown):



Mask for singers designed by Broadway professionals to allow singing with unique internal structure which keeps the mask away from the mouth, while containing droplets during COVID-19

www.broadwayreliefproject.com

The 10' social distancing requirement means that the choir room would only safely allow the rehearsing of 4-6 individuals. The Sanctuary chancel could allow for 12-15 individuals for rehearsal or recording purposes.

Bell Rehearsal

Standard face covering is required and 6' social distancing needs to be maintained. This could require more tables than usual in the set-up.

If the bells and table equipment are not going to be used for more than 4 days, they can be put away without specific disinfecting. The Covid-19 virus doesn't survive beyond 3 days.

Individual ringer gloves should be laundered in the usual fashion.

Instrumental Rehearsal

For wind instruments masks cannot be worn during the rehearsal so 10' social distancing should be done when inside. For ensembles smaller than 6, the Choir Room can be used. For larger ensembles the Fellowship Hall should be used. Rehearsal time should be limited to 60-90 minutes.

Brass instruments do not seem to disperse virus but the woodwind instruments, particularly the flute, is at higher risk for emitting virus.

Individual musicians should bring and use a rag for emptying spit from the horn. It is their responsibility to then isolate this and take it with them when they leave.

Gym

The gym space is large in square feet and in volume and well ventilated; all of which is good in terms of mitigating the potential spread of COVID-19 virus. Some less vigorous activities could be done with face coverings but 6' social distancing might be difficult to maintain. For more vigorous activities like basketball, even face coverings may be difficult to maintain.

Maximum Capacity of the gym is 50 people.

Gym Recommendations

All participants in sponsored activities at the Highland Gym must agree to and abide by the following requirements prior to Highland Gym activities:

1. Participants will be permitted to enter the facility 10 minutes prior to their scheduled activity time.
2. Everyone must wear a face covering on arrival.
3. No one will be permitted entry into the Highland Gym if they are sick (fever, headache, cough, shortness of breath or loss of smell), has tested positive for Covid-19 in the last ten days, has been in close contact with someone who has tested positive in the last ten days or a family member who is sick (fever, headache, cough, shortness of breath or loss of smell) within the last ten days.
4. No one will be permitted entry if they have traveled to an area where there are high amounts of COVID-19 cases within the past 10 calendar days. The current list is on the PA Department Health of website at <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers>. This list will be displayed at the entryway.
5. All participants will have their temperature taken every day upon entry; anyone registering a temperature of 100.3 F or above will be denied entry into the facility. The activity sponsor or designee will be assigned to take and record all temperatures.
6. All participants will sign in everyday for contact tracing. The activity sponsor or designee will be assigned to sign in everyone entering the facility. This will include name, contact phone number and the temperature reading.
7. All participants are required to wash their hands after temperature and contact tracing sign in is completed. A liberal application of hand sanitizer is acceptable if the hands are not dirty.
8. All participants will be required to bring a signed waiver of liability prior to the first activity. (see appendix B)
9. Entrance to the Lower Level of Highland at the Gym will be through doors on the right as you enter, both from the outside and into the gym. Exit will be through the doors on the right as you exit both the gym and to the outside. A forty-five-minute interval of no activity in the gym will be required between groups to allow for disinfecting the surfaces and adequate drying.
10. All sponsors will be given a copy of this document and asked to verify that they have read it and will follow the guidelines.
11. All sponsors will be instructed in the processes of getting their participants into the gym including: completing and presenting a liability waiver (Appendix B), daily contact tracing log, facial covering protocol, exiting their participants and disinfecting techniques.

During Gym Activities:

1. Spectators (parents, siblings, friends) will not be permitted to watch because the safe socially distanced capacity for the space if the entire lined basketball court is used is only 20 people!
2. Hand washing or hand sanitizer application is required for participants during each water break. This should be done in small groups to encourage social distancing.
3. No “high fives” or unnecessary contact between participants.
4. No spitting on the floor to help with shoe traction.
5. Water fountains will not be available for use so participants are encouraged to bring their own water bottles.
6. Face coverings are encouraged for all activities but for vigorous sports, such as basketball, it is understood that the face covering may be removed. Coaches and players on the bench should continue to wear their face covering.
7. The lower level restrooms will be available with a limit of two at a time in the restroom.

After gym activities:

1. Transportation for all participants must be available immediately following the conclusion of each activity or waiting on transportation can be done outside.
2. All volleyballs, basketballs and athletic equipment will be disinfected by the sponsor with an antibacterial solution.
3. All surfaces likely touched will be wiped or sprayed with disinfectant by Highland Staff. The restrooms will be disinfected in the same fashion.

Main Library

The Library will be open for four hours a day. There should be no more than four people in the library at a time and it is asked that time in the Library be limited to one hour other than for the librarian.

Any returned book will be placed in a “Returns” basket and quarantined for seven days before being returned to circulation.

Hand sanitizer should be used between the handling of books being reviewed.

The Library will be used as a place for the exchange of books or other informational materials and not a place for reading and studying at this time.

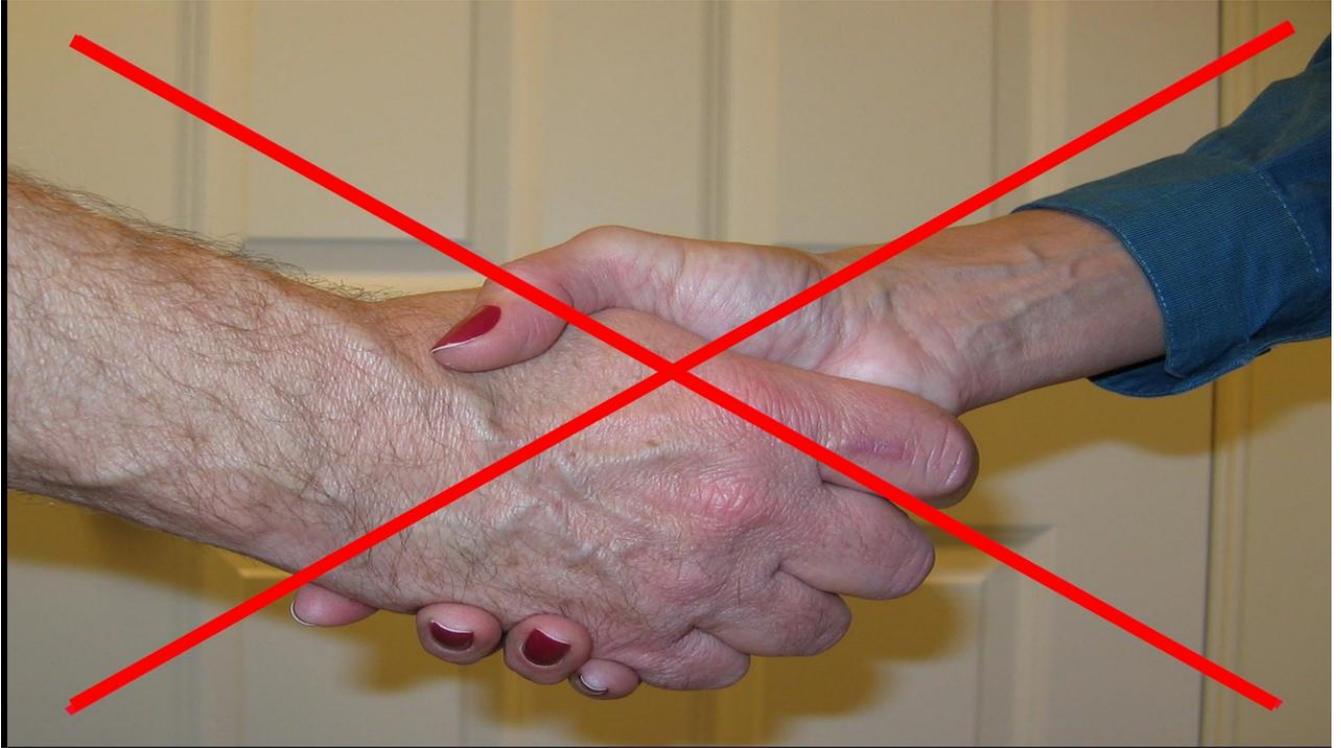
Library Book Sale in Hudson Room

The Library Book Sale in the Hudson Room will be open during front desk hours.

Any books being donated will be placed in a “Donations” basket and quarantined for seven days before being put on the shelf.

Hand sanitizer should be used between the handling of books being reviewed.

Appendix A



**NO
HANDSHAKES**

NO HUGS

You can enter if you are spiritually
sick

but not if you are physically
sick

Please don't enter if you:

Have a fever

Have a cough

Have lost your sense of smell

Have muscle aches

**Have been around someone
with these symptoms or
known covid- 19 infection in
the last 14 days**

**If you need to contact Highland, call 717-569-
2651**

**FACE COVERING IS
REQUIRED IN THE
CHURCH BUILDING**

**RESPECT 6 FOOT
SOCIAL DISTANCING
GUIDELINES**

Appendix B

Group Leader Checklist In COVID-19 Environment

Prior to meeting

- Reserve room (or outside location) appropriate to size of group with church receptionist
- If a hybrid meeting with Zoom is anticipated be sure this is communicated to the AV team through Donna so it can be set up.

Time of meeting

- Ensure all group members have logged in at front desk and have washed their hands. Note position of all attendees within the meeting room should future contact tracing be required.
 - If front desk is not manned, obtain contact information from all attendees, take temperatures, and note position of attendees within the meeting room
- Ensure all group members are wearing masks
- Ensure social distancing is maintained

End of meeting

- Disinfect meeting room or ensure staff will do so
- If the staff is going to do it, turn the chairs down or against the table if they have been used.

Appendix C

COVID-19 Highland Presbyterian Church waiver of Liability

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact, including individuals without disease symptoms. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited or limited the congregation of groups of people.

The health and well-being of our staff and athletes remains our top priority. In order to minimize the risk of COVID-19 entering our environment and spreading amongst our community, we will only allow staff assigned to work and those scheduled to participate to be in our Highland gym.

Furthermore, all participants in sponsored activities at the Highland gym must agree to and abide by the following: Requirements prior to Highland gym activities: Participants will be permitted to enter the facility 10 minutes prior to their scheduled activity time.

1. Everyone must wear a face covering on arrival.
2. Entrance to the Lower Level of Highland at the Gym will be through doors on the right as you enter, both from the outside and into the gym. Exit will be through the doors on the right as you exit both the gym and to the outside. A soft barrier will be erected to direct this flow.
3. No one will be permitted entry into the Highland Gym if they are sick (fever, headache, cough, shortness of breath or loss of smell), has tested positive for Covid-19 in the last ten days, has been in close contact with someone who has tested positive in the last ten days or a family member who is sick (fever, headache, cough, shortness of breath or loss of smell) within the last ten days.
4. No one will be permitted entry if they have traveled to an area where there are high amounts of COVID-19 cases within the past 10 calendar days. The current list is on the PA Department Health of website at <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers>.
5. All participants will have their temperature taken every day upon entry; anyone registering a temperature of 100.3 F or above will be denied entry into the facility. The activity sponsor or designee will be assigned to take all temperatures.
6. All participants and guests will sign in everyday for contact tracing. The activity sponsor or designee will be assigned to sign in everyone entering the facility. This will include name, contact phone number and temperature reading.
7. All participants and guests are required to wash their hands after their temperature and contact tracing sign in is completed. A liberal application of hand sanitizer is acceptable if the hands are not dirty.
8. All participants will be required to bring a signed waiver prior to the first practice.

During activities:

1. Spectators (parents, siblings, friends) will not be permitted to watch at this time because the safe socially distanced capacity for the space if the entire lined basketball court is used is only 20 people!
2. Hand washing or hand sanitizer application is required for participants during each water break. This should be done in small groups to encourage social distancing.
3. No "high fives" or unnecessary contact between participants.

4. No spitting on the floor to help with shoe traction.
5. Water fountains will not be available for use so participants are encouraged to bring their own water bottles.
6. Face coverings are encouraged for all activities but for vigorous sport it is understood that mask may be removed. Coaches, Assistant Coaches and players on the bench will continue to use their face covering.

After activities:

1. Transportation for all participants must be available immediately following the conclusion of each activity.
2. All volleyballs, basketballs and athletic equipment will be disinfected by the sponsor with an antibacterial solution.
3. All surfaces likely touched will be wiped or sprayed with disinfectant by the sponsor or Highland Staff after each activity. The Restrooms will be disinfected in the same fashion.

Highland Presbyterian Church (hereafter referred to as "HPC") has put in place numerous preventative measures and enhanced cleaning protocols to reduce the likelihood of spreading COVID-19 in HPC's gym environment; however, the HPC cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending sponsored activities at HPC could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily agree to the participation terms described above and assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending activities at the HPC gym and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

I understand that the risk of becoming exposed to or infected by COVID-19 at HPC may result from the actions, omissions, or negligence of myself and others, including, but not limited to, HPC employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at HPC gym or participation in HPC programming ("Claims").

On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless HPC, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of HPC, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any HPC activity.

Participant's Name(s): _____

Participant's Signature (if 18 or older): _____

Parent/Legal Guardian Name(s) For participants under 18): _____

Signature(s) of Parent/Legal Guardian: _____

Date: _____

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