

Highland Presbyterian Church Gym Reopening Document v4

Background

As summer winds down and it gets colder and darker outside it is anticipated that there will be requests to use the Highland Presbyterian Church Gymnasium (Highland Gym) for youth activities and sports ministry activities.

The gym space is large in square feet and in volume and well ventilated; all of which is good in terms of mitigating the potential spread of COVID-19 virus. Some less vigorous activities could be done with face coverings but 6' social distancing might be difficult to maintain. For more vigorous activities like basketball, even face coverings may be difficult to maintain.

Recommendations

All participants in sponsored activities at the Highland Gym must agree to and abide by the following requirements prior to Highland Gym activities:

1. Participants will be permitted to enter the facility 10 minutes prior to their scheduled activity time.
2. Everyone must wear a face covering on arrival.
3. No one will be permitted entry into the Highland Gym if they are sick (fever, headache, cough, shortness of breath or loss of smell), has tested positive for Covid-19 in the last ten days, has been in close contact with someone who has tested positive in the last ten days or a family member who is sick (fever, headache, cough, shortness of breath or loss of smell) within the last ten days.
4. No one will be permitted entry if they have traveled to an area where there are high amounts of COVID-19 cases within the past 10 calendar days. The current list is on the PA Department Health of website at <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers>. This list will be displayed at the entryway.
5. All participants will have their temperature taken every day upon entry; anyone registering a temperature of 100.3 F or above will be denied entry into the facility. The activity sponsor or designee will be assigned to take and record all temperatures.
6. All participants will sign in everyday for contact tracing. The activity sponsor or designee will be assigned to sign in everyone entering the facility. This will include name, contact phone number and the temperature reading.
7. All participants are required to wash their hands after temperature and contact tracing sign in is completed. A liberal application of hand sanitizer is acceptable if the hands are not dirty.
8. All participants will be required to bring a signed waiver of liability prior to the first activity. (see appendix A)
9. Entrance to the Lower Level of Highland at the Gym will be through doors on the right as you enter, both from the outside and into the gym. Exit will be through the doors on the right as you exit both the gym and to the outside. A soft barrier will be erected to direct this flow.

10. A forty-five-minute interval of no activity in the gym will be required between groups to allow for disinfecting the surfaces and adequate drying.
11. All sponsors will be given a copy of this document and asked to verify that they have read it.
12. All sponsors will be instructed in the processes of getting their participants into the gym including: completing and presenting a liability waiver, daily contact tracing log, facial covering protocol, exiting their participants and disinfecting techniques.

During activities:

1. Spectators (parents, siblings, friends) will not be permitted to watch because the safe socially distanced capacity for the space if the entire lined basketball court is used is only 20 people!
2. Hand washing or hand sanitizer application is required for participants during each water break. This should be done in small groups to encourage social distancing.
3. No “high fives” or unnecessary contact between participants.
4. No spitting on the floor to help with shoe traction.
5. Water fountains will not be available for use so participants are encouraged to bring their own water bottles.
6. Face coverings are encouraged for all activities but for vigorous sports, such as basketball, it is understood that the face covering may be removed. Coaches and players on the bench should continue to wear their face covering.

After activities:

1. Transportation for all participants must be available immediately following the conclusion of each activity or waiting on transportation can be done outside.
2. All volleyballs, basketballs and athletic equipment will be disinfected by the sponsor with an antibacterial solution.
3. All surfaces likely touched will be wiped or sprayed with disinfectant by Highland Staff. The restrooms will be disinfected in the same fashion.

Appendix A

COVID-19 Highland Presbyterian Church waiver of Liability

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact, including individuals without disease symptoms. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited or limited the congregation of groups of people.

The health and well-being of our staff and athletes remains our top priority. In order to minimize the risk of COVID-19 entering our environment and spreading amongst our community, we will only allow staff assigned to work and those scheduled to participate to be in our Highland gym.

Furthermore, all participants in sponsored activities at the Highland gym must agree to and abide by the following: Requirements prior to Highland gym activities: Participants will be permitted to enter the facility 10 minutes prior to their scheduled activity time.

1. Everyone must wear a face covering on arrival.
2. Entrance to the Lower Level of Highland at the Gym will be through doors on the right as you enter, both from the outside and into the gym. Exit will be through the doors on the right as you exit both the gym and to the outside. A soft barrier will be erected to direct this flow.
3. No one will be permitted entry into the Highland Gym if they are sick (fever, headache, cough, shortness of breath or loss of smell), has tested positive for Covid-19 in the last ten days, has been in close contact with someone who has tested positive in the last ten days or a family member who is sick (fever, headache, cough, shortness of breath or loss of smell) within the last ten days.
4. No one will be permitted entry if they have traveled to an area where there are high amounts of COVID-19 cases within the past 10 calendar days. The current list is on the PA Department Health of website at <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers>.
5. All participants will have their temperature taken every day upon entry; anyone registering a temperature of 100.3 F or above will be denied entry into the facility. The activity sponsor or designee will be assigned to take all temperatures.
6. All participants and guests will sign in everyday for contact tracing. The activity sponsor or designee will be assigned to sign in everyone entering the facility. This will include name, contact phone number and temperature reading.
7. All participants and guests are required to wash their hands after their temperature and contact tracing sign in is completed. A liberal application of hand sanitizer is acceptable if the hands are not dirty.
8. All participants will be required to bring a signed waiver prior to the first practice.

During activities:

1. Spectators (parents, siblings, friends) will not be permitted to watch at this time because the safe socially distanced capacity for the space if the entire lined basketball court is used is only 20 people!
2. Hand washing or hand sanitizer application is required for participants during each water break. This should be done in small groups to encourage social distancing.
3. No "high fives" or unnecessary contact between participants.

4. No spitting on the floor to help with shoe traction.
5. Water fountains will not be available for use so participants are encouraged to bring their own water bottles.
6. Face coverings are encouraged for all activities but for vigorous sport it is understood that mask may be removed. Coaches, Assistant Coaches and players on the bench will continue to use their face covering.

After activities:

1. Transportation for all participants must be available immediately following the conclusion of each activity.
2. All volleyballs, basketballs and athletic equipment will be disinfected by the sponsor with an antibacterial solution.
3. All surfaces likely touched will be wiped or sprayed with disinfectant by the sponsor or Highland Staff after each activity. The Restrooms will be disinfected in the same fashion.

Highland Presbyterian Church (hereafter referred to as "HPC") has put in place numerous preventative measures and enhanced cleaning protocols to reduce the likelihood of spreading COVID-19 in HPC's gym environment; however, the HPC cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending sponsored activities at HPC could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily agree to the participation terms described above and assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending activities at the HPC gym and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

I understand that the risk of becoming exposed to or infected by COVID-19 at HPC may result from the actions, omissions, or negligence of myself and others, including, but not limited to, HPC employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at HPC gym or participation in HPC programming ("Claims").

On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless HPC, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of HPC, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any HPC activity.

Participant's Name(s): _____

Participant's Signature (if 18 or older): _____

Parent/Legal Guardian Name(s) For participants under 18): _____

Signature(s) of Parent/Legal Guardian: _____

Date: _____