

OFFICE HOURS

Mon - Thurs 9:00AM - 5:00PM
Friday 9:00AM - 2:00PM

WORSHIP TIMES

10:00AM - Traditional Worship
in the Sanctuary
10:15AM - Contemporary Worship
in Fellowship Hall
12:30PM - Lighthouse Imani Church
in the Lounge

PASTORAL STAFF

Senior Pastor/ Head of Staff:

Rev. Dr. Roger Rabey

**Assoc. Pastor for
Congregational Care:**

Rev. Dr. Ann Osborne

**Assoc. Pastor for Mission &
Family Ministry:**

Rev. Dr. Noé Juárez

Parish Assoc. for Visitation:

Rev. Dr. Robert Burns

Please Recycle!

Finished reading the
Heartbeat already? Don't
throw it away! Please place
them at the Welcome Center
in the Narthex.

**Have an announcement or story
idea for The Heartbeat? Contact**
bulletin@highlandpc.org

**For more information please
visit our web site:**
www.highlandpc.org

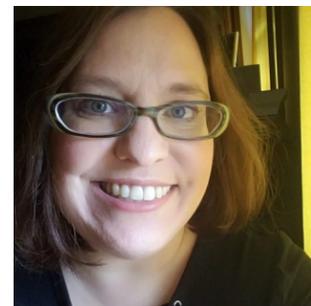


Rise Against Hunger

Sign Up to Feed the Hungry!

Sunday, July 8 - 11:30 am-1 pm

Calling all Highlanders! We need 75 volunteers to help pack 10,000 meals for hungry families. It's easy, fun work for all ages. Plus, it will fill your soul and empty bellies of African families. There are two ways to sign up: (1) visit the Global Mission table in the narthex between worship services or (2) go to <https://www.eventbrite.com/e/rise-against-hunger-registration-47027889684>. Donations are also welcome at that online site. Any questions, contact Ian Turner at (717) 371-2764 or UKusc85@yahoo.com.



Highland Welcomes Nursery Coordinator Joanne Weaver

Joanne Trusz Weaver is a graduate of Kutztown University with a Bachelor of Fine Arts in Related Arts / Dance, Music and Theater. Joanne became a member and choreographer of Kutztown University's dance company, the Performing Dance Portmanteau. Joanne graduated with the Senior Undergraduate Service Award. Upon returning home after graduation she showcased her vocal and dancing talents in Lancaster County at the Dutch Apple Dinner Theater and The Fulton. She has also taught dance for The Fulton's Summer and Winter workshops. She has enjoyed choreographing musicals such as School House Rock Jr. and Guys and Dolls Jr. all at The Fulton. She is also the founder of PK Project, a Modern Dance troupe that celebrates the diversity in women. Joanne has been teaching dance for over 25 years. Joanne is also a member of Barefoot Dance Company which is a performing contemporary dance company combining the creative and collaborative talents of dancers and other artists led by Priscilla Kaufhold. Joanne has taught ages 3 through 83 and enjoys working with all levels. Joanne is a para-educator for Conestoga Valley Middle School in ESL and Reading Specialist. She is the Leader in Charge at Reidenbaugh Summer playground through MTPR. She lives in Manheim Township with her two children, Sarah age 9 and Sean age 7.

Adult Christian Education

Sundays

Faith Café

Room: 105 | 11:15-12:00

A discussion group that looks at current topics through the lens of scripture and our faith. We use a newsletter, the Wired Word to provide topics and discussion points.

Cup of Our Lives - The Cup of Compassion

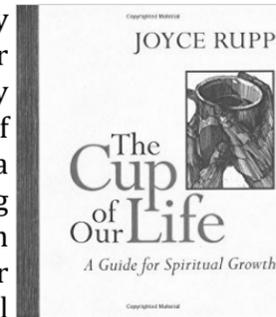
Join Dr. Osborne for seven weeks of spiritual growth and learning as we reflect upon our favorite cups as a metaphor for how God is working in our lives to deepen our faith and spiritual growth. Get a cup of coffee following worship and come to the Hudson Room at 11:15-12:00. This week's topic is "The Open Cup"

Volunteer Opportunities

Highland Begins New Visitation and Care Ministry - Highland Church is beginning a new Volunteer Parish Visitor Ministry to offer broader pastoral care. Visitors will support hospital, rehabilitation and home visits, as well as hospice visitation and in-depth grief support in specific instances. Dr. Ann Osborne will train and coordinate this new pastoral care and outreach ministry. Visitors will engage in monthly meetings to engage with the Ministers for support and prayer. Contact Dr. Osborne for more information at 717-327-6199 (cell) or 717-569-2651 ex: 222 at Highland or email her at annosborne@highlandpc.org

Upcoming Events

"The Cup of Our Life" – 7 Weeks of Spiritual Growth & Support for Living with Loss will be offered at 11:15 a.m. in the Hudson Room, from now through Sunday, July 17 with Rev. Dr. Ann Osborne. This opportunity for individual and group support, fellowship and study is for anyone who is traveling the road of grief following the death of a family member or spouse, a broken relationship or divorce, or for ones dealing with fragile life experiences such as a change in health, employment, or other major loss. Using your ordinary everyday favorite cup or mug we will explore how the cup is a rich symbol of life, with its emptiness and fullness, its brokenness and flaws and all of its blessings. Six themes will be covered. The remaining themes are: July 1 – The Cup of Compassion | July 8 – Sharing Our Cup with Others – "10,000 Meals for the Hungry" | July 17 – The Blessing Cup. Sign up in the Narthex or call Highland's front desk to join this summer fellowship, study and support experience.



Senior Ministry Breakfast - All seniors (couples and singles!) are welcome on the first Thursday of each month for the Senior Ministry breakfast! The next meeting will be at the Oregon Dairy on Thursday, **July 5th** at 9:00AM. We hope to see you there!

Everyone Welcome at Quilters - The Highland Quilters are meeting throughout the summer **every Wednesday from 9 a.m. to noon**. They conclude with a shared lunch. You've seen baby quilts given at baptisms, larger quilts going off to El Salvador and Mars Hill and as gifts to honor various people. The quilts are made by the Highland quilters. Beginners and experienced quilters welcome. Stop in and see what's happening or contact Juanita Fowler at juanita.l.fowler@gmail.com.



Save the Date, Premiere Showing! - On Wednesday, **July 18th** at 1:00PM there will be a showing of the smash hit "I Can Only Imagine" in the Lounge. Feel free to bring your family and friends to enjoy refreshments while watching Bart Millard's true story. You can sign up in the Library.

Indoor Summer Picnic - Take a break from the hot summer days by joining us for a 'cool' summer social indoor picnic and a movie. Mark your calendar for Friday, **July 20** from 10:30 a.m. to 1:00 p.m. in Fellowship Hall. Bring your favorite 'cool' salad or recipe to share pot-luck style. The Friday movie feature is "Mr. Magorium's Wonder Emporium" starring Dustin Hoffman, Jason Bateman, and Natalie Portman. Join the fun!

Crafty Critters Schedule

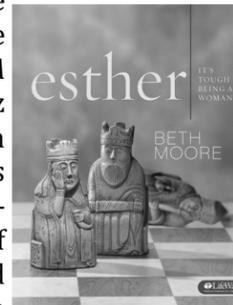
The Crafty Critters meet at 10:00am in the Fellowship Hall. No cost to you, just a fun time to make things for the fall Faire!

September 14 - Advent Candy Strips led by Juanita Fowler at Highland

October 12 - Redo Wreaths led by Pat Rankin at Highland

Announcements

Women's DVD Study - NEW! This summer, we will have a small group opportunity for women of all ages. We plan to use Beth Moore's *Esther: It's Tough Being A Woman*. Jan & Emily Longenecker and Barb & Dana Droz will host. It is an 11-week DVD based study with an optional workbook. We will meet on Wednesday nights for about 1 ½ hours, 7 - 8:30, from now through mid-August (skipping July 4). The DVD will take up about half the time, and the rest will be fellowship and discussion. Our first meeting will be at Highland, Room 208. We know everyone will be away some this summer, so plan to come when you are in town. Contact Barb Droz to order the \$10.00 workbook at gldroz@comcast.net.



Stephen Ministry Has Rich History at HPC - Since 1994 a total of 117 Stephen Ministers have provided individual, confidential, Christ-Centered supportive care to members of the Highland community who were experiencing particularly difficult times. As this specific ministry comes to a close the pastors, elders, deacons and Stephen Ministers want to thank the congregation for the courage and grace displayed in accepting the care of this lay ministry. We have all reaped the benefits. Please take time today to recognize and remember these caring souls listed on the insert in your bulletin. All Stephen Ministers who served at Highland are invited to a picnic and time of fellowship at the home of Linda and Wes Neumann at 232 Suncrest Rd, Lancaster, PA 17601 on Tuesday July 10th from 5 - 9 pm. RSVP with Leslie Aikens at joylka@gmail.com.

Presbyterian Women collect toiletries all year long to gift Christmas bags to underprivileged seniors in Lancaster City. As the season of summer travel approaches, please bring home all those wonderful small things the hotels provided you that are unused. We have a home for them. Hint: Stick a plastic Ziploc bag in your suitcase before you go, and fill it up, then bring it to the collection hamper by the Food Cupboard.

Medical Equipment - Did you know that Highland Church maintains a closet full of medical equipment including canes, walkers, and wheelchairs? The equipment can be checked out on loan by signing it out with our Receptionist, Donna Stettler or by calling her during the week at 717-569-2651. Recently all of Highland's wheelchairs have been taken without being checked out. If you have borrowed a walker, or wheelchair without checking it out with Donna, please call her to let her know you have borrowed it. If you have a walker or wheelchair that you no longer use or want, please consider donating it to Highland's Medical Equipment Closet.

Memorial Garden - The Memorial Garden Committee flies the American flag three times per year: On Memorial Day, July 4th, and Veterans Day. We invite you to visit the Memorial Garden and enjoy our beautiful Sanctuary setting.

Summer Schedule - Highland's summer schedule: Traditional service at 10:00AM and the Contemporary service at 10:15AM. There will be 8:00AM informal services in the Lounge on the first Sunday of July, and August. This abbreviated service will include music, the Message and Communion by Intinction.

Stewardship Corner

Fred Rogers seems to be in the news quite a bit lately. Did you know that in addition to his television personality Fred Rogers was a Presbyterian minister? Here's one of his best-known quotes shared about his mother.

"Always look for the helpers", she'd tell me. "There's always someone who is trying to help." I did, and I came to see that the world is full of doctors and nurses, police and firemen, volunteers, neighbors and friends who are ready to jump in to help when things go wrong.

Highland church is full of such people. There are many pictures being shared about the wonderful VBS week we shared with Highland's and neighborhood children. Look for the helpers! Look for the adult congregation members who spent their week helping and sharing in the lives of the children.

Take a moment to extend your thanks for their work! Think for a moment on how **you** can be one of the "Helpers" that make Highland such a great place to be a member!

Mars Hill 2018

Join us for this unique opportunity to serve God and grow in your Highland community. Through this inter-generational experience you will join others from our church for a week of service, fellowship, and worship. This year's trip will be from **July 15-21**. Please contact Jim Eberle (ebtide86@gmail.com), visit the church office or highlandpc.org/mission/mission-trips/ to download a registration form. Payment, registration, and medical forms should be completed and sent to the office. If you can't go, please prayerfully consider donating from the Mars Hill board in the Narthex, as that board pays for all the supplies we use to make our NC brothers & sisters "Warmer, Safer, & Drier."

Staff Listing **Extension**

| | | |
|-----------------------|-------------------------------|-----|
| Roger Rabey | Senior Pastor..... | 226 |
| Ann Osborne..... | Associate Pastor..... | 222 |
| Noé Juárez..... | Associate Pastor..... | 213 |
| Robert Burns..... | Parish Associate | |
| Jenny Kutzner | Youth Director..... | 228 |
| Paul Thorlakson | Music Dir. & Organist..... | 217 |
| Laurie Juárez | Children' s Ministry..... | 218 |
| Joanne Weaver | Nursery Coordinator | |
| Jonathan Lefever..... | Multimedia Info. Tech..... | 229 |
| Josh Witmer | Contemp. Music Leader..... | 214 |
| Mike Nolt | Church Administrator..... | 224 |
| Cassidy Godber..... | Communications Coord..... | 211 |
| Donna Stettler | Facility Scheduler/Admin..... | 210 |
| Steve Smith..... | Facility Supervisor..... | 225 |
| Alan Danthua..... | Custodian | |
| Mike Hutchinson | Groundskeeper | |
| Amanda Smith | Housekeeper | |

All staff can be reached at their highland e-mail address.
Example: fullname@highlandpc.org

Prayer List

- Barbara Arnold (Peggy Erhart's mother)
- Nancy & Charles Blanken
- Elsie & Bill Culp
- Jim Deily
- Jeff Doane
- Bill Ebel
- Howie & Bonnie Eckhart
- Addy Fenchak-Kutzner
- Jean Fontes & Children
- Audrey & Gene Hannum
- Linda Guimond
- Elaine & Bill Johnson
- Irene Kimball
- Peggy Koelsch
- Chuck Matt (Dale Matt's brother)
- Mitchell Family
- Ruth & Don Phillips
- Dr. Roger Rabey
- Jean Rea
- Jeremiah (Kathleen Shuman's Neighbor)
- Ron Reese (Elizabeth Hess's brother)
- Nancy & Dave Roy
- Sarah (Joann McOmer's granddaughter)
- Karen Schlemmer
- Luke Senkowski
- John Sourber (Greg Sourber's dad)
- Craig & Jean Stearn
- Mary & Robert Weirich
- Carol Wenger
- Sue Young
- Randy Zerr



Sunday School meets Sunday Mornings @ 9:30 AM in the Youth center and Youth Group meets Sunday nights from 5:30-8:00 PM in the Youth Center, unless otherwise noted. Our last Sunday school for grades 6-12 was on May 13th. It will begin again on **September 9th.**

- July 2nd :Movie Monday (Noon-3)
- July 9th :Movie Monday (Noon-3)
- July 11th: Hiking at Ricketts Glen (Must sign up with Jenny)
- July 15-21: Mars Hill Mission Trip



Highland Presbyterian Church is hiring a part time **food/kitchen coordinator.** Duties include managing all kitchen operations, coordinate food and fellowship events for the church, working with catering services for larger events and provide coordination and management for all actions, operations, policy implementation and leadership of the Food and Fellowship Leadership Team. Schedule will vary weekly, Sundays required, average 8-12 hours/week. Send resume to employment@highlandpc.org



Worshipping as a Child - Becca Smith

When I was growing up in a family of 5 girls, there was nothing more important than going to church on Sunday morning, Sunday evening and Wednesdays. What I remember most was singing songs together and learning harmony. I can still sing those old hymns with all the verses even though it was more than 60 years ago. I also remember listening to the sermons that sometimes I didn't understand in total, but I do remember learning about how Jesus sacrificed his life for me so that I could be connected to God. My Mom used to give us a little quiz on the way home from church and if we knew the answers we got a surprise. I know that helped me to listen and it didn't seem stressful. It was a great time to be together as a family and I remember how I respected the minister and how much he knew about God. He would say hello to me after church and make me feel valued. Another great memory was seeing not only my friends at church but also my parents' friends who became mentors to me as I struggled through the teenage years. Being a part of the whole church family was one of the most positive influences in my life.