

OFFICE HOURS

Mon - Thurs 9:00AM - 5:00PM

Friday 9:00AM - 4:00PM

WORSHIP TIMES

10:00AM - Traditional Worship
in the Sanctuary

10:15AM - Contemporary Worship
in Fellowship Hall

12:30PM - Lighthouse Imani Church
in the Lounge

PASTORAL STAFF

Senior Pastor/ Head of Staff:

Rev. Dr. Roger Rabey

Assoc. Pastor for

Congregational Care:

Rev. Dr. Ann Osborne

Assoc. Pastor for Mission &

Family Ministry:

Rev. Dr. Noé Juárez

Parish Assoc. for Visitation:

Rev. Dr. Robert Burns

Please Recycle!

Finished reading the
Heartbeat already? Don't
throw it away! Please place
them at the Welcome Center
in the Narthex.

Have an announcement or story
idea for The Heartbeat? Contact
bulletin@highlandpc.org

For more information please
visit our web site:
www.highlandpc.org

Senior Life Institute is Coming Up!

Event One—Thursday, October 11—10 am to 1:30 pm in the Fellowship Hall (optional discussions until 2:30). David Johnson, President of East Petersburg Historical Society, will talk about such topics as Native American settlers, Indian treaties, Conrad Weiser, Quakers, Mennonites, French Huguenots, Scotch-Irish Presbyterians, Jewish settlement, Moravians. **Lunch is included.**

Event Two—Friday, October 19—8 am to 4 pm - Bus trip around Lancaster County with on-bus tour guide. This historical trip will include the Herr House, a Native American longhouse, Wright's Ferry mansion, Garth Gallery where **we will have lunch**, Mt. Bethel Cemetery, and Donegal Presbyterian Church. Reservations are limited for the trip, and good mobility is required.

Event Three—Thursday, October 25—10 am to 1:30 pm in the Fellowship Hall (optional discussions until 2:30). Dr. Marlene Arnold, Millersville University professor, will focus on her research of the cultures that made up Lancaster County in the 1700s, including the cohesion and friction among the groups. **Lunch is included.**

Registration is available every Sunday through October 21st in the Narthex. Bring your checkbook so you may fill out a registration form and make payment at the same time. Please sign up early, especially if you plan to attend the bus trip, since the number of participants for that event is limited.



Rise Against Hunger Update

The Global Outreach committee is pleased to share with the congregation that the 10,000 meals that we packed on July 8th with the Rise Against Hunger (RAH) organization is part of a shipping container of over 285,000 meals that has been sent to Zambia in southern Africa. The meals will be received by RAH's partner in Zambia called Family Legacy Missions. Family Legacy Missions serves more than 13,000 children at more than 20 schools throughout the Zambia's capital city of Lusaka. Prior to partnering with RAH, many children did not receive meals during the school day. School attendance rates were low as many children had to skip school in order to work to afford food. Those children who attended school had difficulty concentrating and succeeding academically. The RAH meals provide an incentive for children to attend school, improve their academic performance, and lead to better opportunities.



Many thanks to the 100 volunteers who came out in July to package the meals and to all of those who contributed money to help offset the cost of the event. Special thanks goes to the Market Share program. Five hundred dollars raised from the Market Share program was donated to the Global Outreach Committee to help pay for the meal-packaging event at Highland.



Adult Christian Education

Sundays

Faith Café

Room: 105, from 11:15-12:15
A discussion group that looks at current topics through the lens of scripture and our faith. We use a newsletter, the Wired Word to provide topics and discussion points.

Prayground has started! - We will be offering a prayground in each service. If you wouldn't mind giving the children their sermon activity sheets and then sitting with them during the sermon please let Laurie Juarez know - lauriejuarez@highlandpc.org. She will need a few willing people in each service to do it 1-2 times per month. Thank you!

Dr. Jerry Rothacker will facilitate **"The Spiritual Lives of Great Composers"** in the Hudson Room

Soul Keeping - Sandra and Laura will lead this small group study class in the Upper Room during Sunday school hour.

The Gospel of Mark Kerygma Bible Study facilitated by Barb Droz in room 208

Fourthnite

Next Fourthnite events: October 28th & November 25th.

Please RSVP to noejuarez@highlandpc.org

DRS Concert Series

Next concert: Wednesday, October 3rd at 7:00PM

Featuring: Monte Maxwell, Organist



Upcoming Events

Nominating Committee is back at work selecting candidates for the next class of Deacons, Trustees and Elders. We would like to give all members of our congregation the opportunity to serve in leadership roles, as well as to recommend those who should be our leaders. Today there will be a time during the worship services for you to write your recommendations and give them to the committee. We will do the rest in terms of talking to the members suggested! If you feel like you yourself would like to serve, do not be shy about entering your own name. Prayerfully consider this request as you look around the congregation and help us develop the candidates who will lead Highland as the class of 2022!

Senior Ministry Breakfast - All senior (couples and singles!) are welcome on the first Thursday of each month for the Senior Ministry breakfast! The next meeting will be at the Oregon Dairy on Thursday, **Oct. 4th** at 9:00AM. We hope to see you there!

Return work trip to Kinston, North Carolina the week of **Oct. 7 to 13**, 2018. Mark your calendar. Everyone over the age of 16 is welcome. All skill levels are also welcome. Questions? Contact Larry Fowler (717-203-1277) or lwfassoc@gmail.com. Registration available online and at the church office!

Noche Latina/Latin Night - Come join us for a great Latin evening with delicious food and live music. Saturday, **Oct. 13th**, 6-8pm. Dinner will be provided and donations are encouraged. This event will be at Hispanic Resurrection Chapel: 25 North West Ave. Lancaster, PA 17603. Please RSVP with Pastor Maria Mada at mcchuquimia@aol.com or Pastor Noe Juarez at noejuarez@highlandpc.org

Attention, Parents, Grandparents and Teachers! Back by popular demand, Lisa Murray is returning to present our second Highland Family Series experience. Another free parenting workshop, this time we will focus on "Building Emotional Intelligence in Children." This will be held on Saturday, **Oct. 13th** from 9:30 am to 12:30 pm in Fellowship Hall. The parenting workshop will be presented by nationally recognized parenting consultant and Highland member Lisa Murray. Learn what may be more important than IQ when determining which traits help children become successful socially and academically. Discover specific ways parents and primary caregivers can encourage children in the home. Free childcare is provided along with snacks and door prizes. Reserve your seat and childcare, if needed, no later than October 6. Visit <https://www.Eventbrite.com/e/Parenting-Workshop-Tickets-48812740220> online. You may also contact the Highland church office at (717) 569-2651.

Flourish in Fruitfulness Small Group Begins in November - If you have recently had a major loss that has you reeling with grief, sadness, feelings of depression or loneliness, this small group gathering is designed for you! Beginning Sunday, **Nov. 4th**, the group will meet in the Hudson Room each Sunday from 11:15 a.m. to 12:15 p.m. to share, pray and learn how to navigate the journey through Thanksgiving, Christmas and New Year's celebrations while replacing grief and loss with new expectations and opportunities. Plan to join this small group! For more information contact Dr. Ann Osborne at annosborne@highlandpc.org or call her at 717-327-6199.

The Holiday Fair is just around the corner. We will be accepting house plants and cuttings. Now is the time to cut, and root, clean out, etc. Plan to bring plants to Highland just before the fair on **Nov 10**. All proceeds go to the Christmas bags Presbyterian Women deliver to Elderwood Senior Living in Lancaster City. **Attention all crafty critters:** If you attended any of the crafty critter workshops, now is the time to bring in any crafts you made for the upcoming Holiday Fair. You can drop them at the office or see Pat Rankin or Barb Droz on Sunday mornings. Other homemade crafts are most welcome. All craft table proceeds go to the purchase of new socks and undies for the Lancaster County Council of Churches.

Announcements

SPAM - In the past few weeks, several of Highland members have received an email from what looks like Dr. Rabey asking for a favor or requesting money. This is a spam! Do not respond and delete. Our computer tech, Jon LeFever, thinks someone is making up an email to look like Dr. Rabey, finding people's emails from our church web site and then sending an email asking for a favor/ money and to respond via email. This is a hacker. One time it said Dr. Rabey was at the hospital, with a cancer patient, and needed money to give out Apple tune cards for victims! The best thing to do is nothing and just delete the email. Sorry.

Apartments Now Available at Long Community at Highland - The Presbyterian Senior Living Community of Long Community is now renting one and two bedroom apartments with a 'no entrance fee approach' for individuals aged 55 and older. Both independent living and personal care options are available. Long Community also offers short-term respite stays in Personal Care that are affordable and easy to arrange. It provides the perfect place for people who need a comfortable home-away-from home when you are out of town or just need a short break. For more information, contact Senior Sales Manager Jennifer Sciore at 717-381-4914 or jsciore@psi.org to rent your new apartment.

Highland Women: Looking for a monthly Bible Study? All are welcome. We offer two options for studying each year, using the PCUSA developed curriculum used by our denomination worldwide. This year the title is *God's Promise: I am With You*. One group rotates leadership and meets on the first Wednesday at 11:30 in people's homes, followed by a lunch. The other group, led by Barb Droz, meets at 10:00 on the second Wednesday in Room 208. There is also the possibility of starting an evening study. Interested in any of these options? See Barb Droz or email at gldroz@comcast.net.

In Need of Grandpals! For those of you who are of "grandparent" age, we are still in need of 3 Grandpals who can write monthly letters to one of our 4th/5th graders! Please let Laurie know if you can volunteer. If you have already volunteered and have not received a letter from Laurie, please let her know. Thank you!



This year marks the 6th year of Gym Jam, Highland's community outreach toddler/preschool "open gym" program. We welcome kids from birth to school age and their parent/guardian every Wednesday morning from October 10 - April 17 9:30-10:30 in the Highland Gym. It's a warm, dry, safe, fun place where kids can run, climb, bounce, explore, and dance to the music while their grown up watches and interacts with them and the other adults. Evelyn Lisi, a member and Gym Jam alumni mom recalls "When you are overwhelmed with the important, but hard work of child caring, coming into the gym with upbeat music, plenty of fun and active stations for children, and other mothers to talk and laugh with, it is a great way to get through the middle of the week". Please join us for another great year!

Raise Your Hand! - Here's your chance to say YES! To helping your church and your community. For the next four weeks before and after each worship service you'll find two **Mission Giving Trees/Boards** in the Narthex. There you can check out a variety of opportunities to try out a volunteer experience. Whatever your interests, whatever your age, you're sure to find a way to participate. Pick out a card, sign your name and contact information and you'll get a call with more information.

Fabric Donations to Quilters - If you are cleaning out your sewing room, the quilters would welcome your cotton fabrics. All other fabrics, polyesters, wool, etc. cannot be used by the quilters. They should be donated to another outlet such as the Mennonite Central Committee. Additional guidelines are posted outside of the quilting room.

Stewardship Corner

"And it came to pass that the time of the year was upon them when the call went forth from the Great Temple for pledges of support for another twelvemonth. And one there was who rebuked the solicitor gruffly, saying, 'Get thee hence, and return not. Verily, the Great Temple seekth money from everlasting to everlasting.' The solicitor accepted the rebuff, and said unto him quietly, 'My son, when he was a child, was very costly. He was forever hungry, and was fed; he was clothed anew. As he increased in the stature of manhood, ever more money had I need to spend upon him. And it come to pass that the Angel of Death smote him, and he died. An lo! Now he costeth me not a cent!' And he who had rebuked him was filled with compassion and understanding, and he said, 'Verily, verily, thou hast opened mine eyes; for now I see that only a dead Temple needeth no money: a live Temple needeth ever more!' And he offered up his pledge,...a sadder but wiser man."

- Clinton Lee Scott

BOBS

BOBS, a women's Bible study, meets every Wednesday (except during the summer and December) at 10:30 in the Hudson Room. Eyewitness, a study from 1, 2, 3 John is currently being studied. New members are always welcome.

98'-99' 5th Graders

If you were in **5th grade** in **1998-1999** and attended Highland, please see Laurie Juarez. I have a surprise for you :)

Deacons Corner

Pssst...Want to worship God in color? You can, by sponsoring a bouquet of chancel flowers. You can present them to the glory of God, in remembrance of a loved one, to celebrate a special event, or in honor of someone. The deacons then divide the big bouquet into smaller ones and take them to our parishioners who are in need of a smile, a visit, and a connection to all who worshiped that Sunday. Talk about great stewardship! Sign up is in the Narthex.

Prayer List

Dorothy Witmer and Family

John & Jan Fitzgibbon

Kurt Adamire (Peggy and Glenn's Son)

Jovianna Beam

Rita Pickles

Barbara Arnold (Peggy Erhart's mother)

Brayden Bair (John & Dorris Bair's great grandson)

Jim Deily

Howie & Bonnie Eckhart

Addy Fenchak-Kutzner

Jean Fontes & Children

Family of Edith Groves

Linda Guimond

Richard Hankel

Audrey & Gene Hannum

Elaine & Bill Johnson

Irene Kimball

Jeff Klassen (brother-in-law of Jan & Joe Chestnutt)

Peggy Koelsch

Jayne (neighbor of Jan & Joe Chestnutt)

Jean Rea

Jeremiah (Kathleen Shuman's Neighbor)

Family of Nancy Reese

Ron Reese (Elizabeth Hess's brother)

Nancy & Dave Roy

John Sourber (Greg Sourber's dad)

Craig & Jean Stearn

Connie Towers

Carol Wenger

Sue Young

Randy Zerr

Staff Listing w/ Extension

Roger Rabey | Senior Pastor | 226

Ann Osborne | Associate Pastor | 222

Noé Juárez | Associate Pastor | 213

Robert Burns | Parish Associate

Jenny Kutzner | Youth Director | 228

Paul Thorlakson | Music Dir. & Organist | 217

Laurie Juárez | Children's Ministry | 218

Joanne Weaver | Nursery Coord.

Jonathan Lefever | Multimedia Info. Tech. | 229

All staff can be reached at their highland e-mail address.

Example: fullname@highlandpc.org

Josh Witmer | Contemp. Music Leader | 214

Mike Nolt | Church Administrator | 224

Cassidy Godber | Communications Coord. | 211

Donna Stettler | Facility Scheduler/Admin | 210

Steve Smith | Facility Supervisor | 225

Alan Danthua | Custodian

Mike Hutchinson | Groudskeeper

Amanda Smith | Housekeeper

The Crafty Critters meet at 10:00am in the Fellowship Hall. No cost to you, just a fun time to make things for the fall Fair!

Just added! **October 4** 9:30 – 12:30 Journal project with Judy Smith. Bring some supplies including things like wallpaper sample books, heavy/embroidery thread, needles, scissors, rulers, yard sticks, good weight paper, leather laces, very long shoe lases, yarn, lengths of ribbons, anything decorative that comes in lengths, Tissue paper-any interesting papers.

October 12 - Clean Up bring in crafts



Silent Auction to begin on Sunday October 14

Quilts by the Highland Quilters are always a popular feature at the Silent Auction. Pictured here are the quilts that will be on display beginning October 14.

Bidding for the quilts will continue each Sunday until the Holiday Fair on Saturday, November 10.

Bidding will stop at one o'clock on the day of the fair when the winners will be announced.

Proceeds from the Silent Auction will be divided among three projects: locally, globally and here at Highland.

1. The Council of Churches Food Bank, 2. High school students in El Salvador and 3. scholarships for children & families to the "new" Mars Hill.

