

OFFICE HOURS

Mon - Thurs 9:00AM - 5:00PM

Friday 9:00AM - 2:00PM

WORSHIP TIMES

10:00AM - Traditional Worship
in the Sanctuary

10:15AM - Contemporary Worship
in Fellowship Hall

12:30PM - Lighthouse Imani Church
in the Lounge

PASTORAL STAFF

Senior Pastor/ Head of Staff:

Rev. Dr. Roger Rabey

Assoc. Pastor for
Congregational Care:

Rev. Dr. Ann Osborne

Assoc. Pastor for Mission &
Family Ministry:

Rev. Dr. Noé Juárez

Parish Assoc. for Visitation:

Rev. Dr. Robert Burns

Please Recycle!

Finished reading the
Heartbeat already? Don't
throw it away! Please place
them at the Welcome Center
in the Narthex.

Have an announcement or story
idea for The Heartbeat? Contact
bulletin@highlandpc.org

For more information please
visit our web site:
www.highlandpc.org

International Sunday

On Sunday, **August 19** Highland will join with the Lighthouse Imani Presbyterian Church from East Africa and the Hispanic Resurrection Chapel Church for a single service at 10:00 A.M. We will worship in English, Spanish and Swahili. Following the service there will be a **potluck** lunch in Fellowship Hall with Latino food prepared by Pastor Maria Mada. Highland members will be requested to bring salads and deserts to complement the lunch. Registration for the lunch can be completed each Sunday through August 12th in the Narthex or on the Highland website.



HELLO

NEW MEMBERS

Are you considering membership at Highland Presbyterian Church? Attend our next prospective new members class on **Saturday, September 15**, from 8:30 to 10:00 a.m.

Childcare will be provided. We then will welcome new members on **Sunday, September 23**, at either of our two worship services. Mark your calendars to save these dates! In the meantime, please feel free to get involved! To register, contact Larry and Anita Ewing (717-824-3318) or the church office (717-569-2651).



Adult Christian Education

Sundays

Faith Café

Room: 105 | 11:15-12:00

A discussion group that looks at current topics through the lens of scripture and our faith. We use a newsletter, the Wired Word to provide topics and discussion points.

Summer Service for Wholeness and Health - Plan to join us on **July 29th** to celebrate our wholeness and health as God's beloved children. This special service at both 10:00 and 10:15 will focus on spiritual, emotional and physical well-being and will offer opportunities for prayer and discernment about God's presence in offering us contentment and peace in all circumstances.

Worship Schedule

Traditional Service at 10:00AM

Contemporary Service at 10:15AM

On August 5th we will have our final early summer 8:00AM informal communion service in the Lounge.

End-of-Summer/Kick-off Sunday: August 26th. - After the service we will have games and activities for children and youth provided by Camp Krislund. We will have live music performance by Corsair Blue Jazz Orchestra. Dancing is encouraged. And of course delicious catered BBQ for everyone. This is an outdoor event and we will have big tents. We also encourage you to bring your canopy if you have one.

Lemonade Concert Series

July 26

Rizetta's Tones: Celtic World Band

August 2

Lancaster British Brass Band

August 9

Lancaster Marimba Ensemble

August 16

Servant Stage Company

Upcoming Events

Everyone Welcome at Quilters - The Highland Quilters are meeting throughout the summer **every Wednesday from 9 a.m. to noon**. They conclude with a shared lunch. You've seen baby quilts given at baptisms, larger quilts going off to El Salvador and Mars Hill and as gifts to honor various people. The quilts are made by the Highland quilters. Beginners and experienced quilters welcome. Stop in and see what's happening or contact Juanita Fowler at juanita.l.fowler@gmail.com.

FoodStock Music Festival - Corsair Blue Jazz Orchestra is performing at the FoodStock Music Festival on Saturday, **July 28th** at the Pennsylvania Renaissance Faire's new Barn & Barrel Courtyard from 11:30 am to 12:30 PM. In addition to CBJO, *Rob Reese, Hydroponic Philharmonic, Steele Radiance, Benjamin Vo Blues Band and Vinyl Groove* will be performing. The FoodStock Music Festival runs from 11 AM to 6PM. Proceeds from the FoodStock Music Festival benefit Warwick Community Chest, Conestoga Valley Christian Community Services and Central Pennsylvania Foodbank. In addition to this year's eclectic line up of musicians, 2018's Music Fest will again include craft vendors from all over central PA, silent auction items, Chinese auction items, 50/50's and of course food and drinks will be available for purchase. Tickets for the full day of music cost \$25.00. We hope you come to FoodStock for an afternoon of music for a great cause

ARE YOU A HILITE? Our Hlites group ranges in age from about late 50's through 70's. It's purpose is fellowship and fun (and usually food!) Our annual pool party is at Jim and Connie Tower's home on Sunday, **August 5** starting with lunch. YOU are invited to join us! Contact Connie or Jim at 717-898-3820 or jnctowers@gmail.com, Judy Eyster 717-330-4280 or Gail Robinson, gailarobinson96@gmail.com. for more information.

Volunteer Opportunities

Highland Begins New Visitation & Care Ministry - Visitors will support hospital, rehabilitation and home visits, as well as hospice visitation and in-depth grief support in specific instances. Dr. Ann Osborne will train and coordinate this new pastoral care and outreach ministry. Visitors will engage in monthly meetings to engage with the Ministers for support and prayer. Contact Dr. Osborne for more information at 717-327-6199 (cell) or 717-569-2651 ex: 222 at Highland or you can send an email to her at annosborne@highlandpc.org

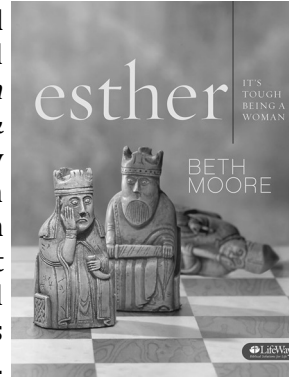
Sunday Supper - Local Outreach will be preparing and serving a Sunday Supper to the members of Arch Street Center **on July 22** from 4-6PM. If you are interested in helping, please contact Linda Neumann at 717-371-4427 or lgneu56@gmail.com. Parking is easy at Arch Street Center, and the members are always grateful and happy to see Highland Members. If you have not volunteered at Arch Street, please consider giving it a try!

Lancaster County Council of Churches - We are blessed to be receiving more donated produce to use in our food distributions, however, we do need to go and pick the items up which has left us with a bit of a challenge in having enough time to get these additional pick ups done as well as the other responsibilities of the Food Hub. So we are looking for a few volunteers who might be interested in doing some of these "pick ups." It entails volunteers on Tuesdays, Wednesdays and Fridays in the morning for anywhere from 1-4 hours. All pickups will be completed before noon. Must be comfortable driving a Sprinter van and must be able to lift 40 pounds. For more information? Call (717) 291-2261

Help the Global Outreach Committee! The Global Outreach Committee is looking for 1 or 2 volunteers to help produce the Alternative Gift Catalog. The project runs from August to early November. The only requirement is the ability to use Microsoft Word. The Alternative Gift Catalog has historically raised several thousand dollars for local, national, and global mission projects. Your help will assist many people around the world in areas such as education, hunger, and disaster assistance. If you are interested, please contact Ian Turner at 717-371-2764 or at ukusc8591@yahoo.com.

Announcements

Women's DVD Study - NEW! This summer, we will have a small group opportunity for women of all ages. We plan to use Beth Moore's *Esther: It's Tough Being A Woman*. Jan & Emily Longenecker and Barb & Dana Droz will host. It is an 11-week DVD based study with an optional workbook. We will meet on Wednesday nights for about 1 ½ hours, 7 – 8:30, from now through mid-August. The DVD will take up about half the time, and the rest will be fellowship and discussion. We know everyone will be away some this summer, so plan to come when you are in town. Contact Barb Droz to order the \$10.00 workbook at gldroz@comcast.net.



Food Cupboard Donations - SUMMERTIME...picnics, baseball games, Hershey Park, vacations, and leisurely days are just a few of the activities we enjoy during the summer months. However, not everyone is so fortunate; some parents are wondering where they will get food to put on the table for their children. While we enjoy our cookouts, let us not forget to donate generously to the Food Cupboard, located next to Fellowship Hall in the narthex. Monetary donations are always welcome and should be sent to the church office with a notation for the Food Cupboard. Thank you for helping to feed the hungry.

Seeking Sunday School Teachers - This fall we will kick off our new schedule and we are looking for Sunday school teachers! Are you interested in teaching our kids or youth? If so, please email Laurie at lauriejuarez@highlandpc.org or call the church office. We can help you get your clearances! Grades that still need help - High school (leaders/assistants), middle school (assistant), 4th/5th grade (teachers/assistants), 2nd/3rd grade (1 assistant, one time a month), pre-k (assistant). Thank to you everyone who has already volunteered!

Presbyterian Women collect toiletries all year long to gift Christmas bags to underprivileged seniors in Lancaster City. As the season of summer travel approaches, please bring home all those wonderful small things the hotels provided you that are unused. We have a home for them. Hint: Stick a plastic Ziploc bag in your suitcase before you go, and fill it up, then bring it to the collection hamper by the Food Cupboard.

Medical Equipment - Did you know that Highland Church maintains a closet full of medical equipment including canes, walkers, and wheelchairs? The equipment can be checked out on loan by signing it out with our Receptionist, Donna Stettler or by calling her during the week at 717-569-2651. Recently all of Highland's wheelchairs have been taken without being checked out. If you have borrowed a walker, or wheelchair without checking it out with Donna, please call her to let her know you have borrowed it. If you have a walker or wheelchair that you no longer use or want, please consider donating it to Highland's Medical Equipment Closet.



Stewardship Corner

God gave us His example of selflessness and sacrifice, John 3:16. As we travel our spiritual journey we experience periods of expansion and contraction. We create new and discard old, all with the end goal of growing closer in our faith with God. Through that journey we also move forward in our generosity and financial commitment to God's work, learning to give sacrificially without reserve. Thanks for your support of Highland and your belief in our work together!



Recycle Ink Cartridges



You will find a box in the reception area to deposit any used printer cartridges. We earn cash value at Staples to use toward office supplies!

Book Sale Ending

Library update: The book sale will be ending on Sunday, **July 29th**. If you'd like to purchase any books, please do so by the 29th. Thank you!

Crafty Critters Schedule

The Crafty Critters meet at 10:00am in the Fellowship Hall. No cost to you, just a fun time to make things for the fall Faire!

September 14 - Advent Candy Strips led by Juanita Fowler at Highland

October 12 - Redo Wreaths led by Pat Rankin at Highland

Staff Listing **Extension**

Roger Rabey	Senior Pastor.....	226
Ann Osborne.....	Associate Pastor.....	222
Noé Juárez.....	Associate Pastor.....	213
Robert Burns.....	Parish Associate	
Jenny Kutzner	Youth Director.....	228
Paul Thorlakson	Music Dir. & Organist.....	217
Laurie Juárez	Children' s Ministry.....	218
Joanne Weaver	Nursery Coordinator	
Jonathan Lefever... ..	Multimedia Info. Tech.....	229
Josh Witmer	Contemp. Music Leader.....	214
Mike Nolt	Church Administrator.....	224
Cassidy Godber.....	Communications Coord.....	211
Donna Stettler	Facility Scheduler/Admin.....	210
Steve Smith.....	Facility Supervisor.....	225
Alan Danthua.....	Custodian	
Mike Hutchinson	Groundskeeper	
Amanda Smith	Housekeeper	

All staff can be reached at their highland e-mail address.
Example: fullname@highlandpc.org

Prayer List

- Barbara Arnold (Peggy Erhart's mother)
- Elsie & Bill Culp
- Nancy Blanken
- Jim Deily
- Howie & Bonnie Eckhart
- Addy Fenchak-Kutzner
- Jean Fontes & Children
- Audrey & Gene Hannum
- Linda Guimond
- Elaine & Bill Johnson
- Helen "Joan" Kaufmann
- Irene Kimball
- Jeff Klassen (brother-in-law of Jan&Jow Chestnutt)
- Peggy Koelsch
- Chuck Matt (Dale Matt's brother)
- Friends of John McKenzie
- Family & Friends of Don Philips
- Jayne (neighbor of Jan & Joe Chestnutt)
- Jean Rea
- Jeremiah (Kathleen Shuman's Neighbor)
- Ron Reese (Elizabeth Hess's brother)
- Nancy & Dave Roy
- Luke Senkowski
- John Sourber (Greg Sourber's dad)
- Craig & Jean Stearn
- Mary & Robert Weirich
- Carol Wenger
- Sue Young
- Randy Zerr



Youth Activities Through July

- July 15-21: Mars Hill Mission Trip



Highland Presbyterian Church is hiring a part time **food/kitchen coordinator**. Duties include managing all kitchen operations, coordinate food and fellowship events for the church, working with catering services for larger events and provide coordination and management for all actions, operations, policy implementation and leadership of the Food and Fellowship Leadership Team. Schedule will vary weekly, Sundays required, average 8-12 hours/week. Send resume to employment@highlandpc.org

Connecting Through Nature - We invite survivors and allies who walk with them to join us as we explore nature's lessons on healing trauma. The day will include time for connecting, learning, and restorative practices. Together we will explore how nature guides us on our own healing path and discover ways to honor our own unique journey through art, music, and writing. We welcome survivors to join us in a tranquil setting as we seek healing, build community and begin to create pathways for reconnection. Please consider joining us on **September 22** from 8:30-3:00PM at Gretna Glen Retreat Center (87 Old Mine Rd, Lebanon, PA). The cost is \$50 which also includes lunch. The group will be co-facilitated by trauma trained therapist, Lisa Hanna Witmer, MSW, LSW, and Deb Helt, Senior Safe Church Facilitator & Congregation Support Specialist. E-mail LDurbin@scclanc.org or call 717-560-9969 ext. 254 with questions or to register.

Circle of Hope - What is it? Circles of Hope are safe place to which we invite survivors to share common ground with other survivors. Together, we will look at the way that our lives have been shaped not only by our stories of trauma, but by our own strength, struggle, and resilience. By exploring healing truth and hope through conversation and creative expression, we will consider the many ways that the dark or dormant period in our lives can give way to growth and new life. How does it work? The Circles will be co-facilitated by trauma-trained therapist, Lisa Hanna Witmer, MSW, LSW, and Deb Helt, Senior Safe Church Facilitator & Congregation Support Specialist. Group size will be limited to 8 participants and the cost for the series is \$125 for all 6 sessions. Some need-based scholarship assistance is available on request. Meetings will be held at Samaritan Counseling Center (1803 Oregon Pike, Lancaster, PA) from 7 to 8:30PM on the following **Thursdays: September 6 & 20, October 4 & 18, November 1&15.**

